



Surfline's
South San Diego
Surf Guide

Purchased: 03/31/11

Surfline
KNOW BEFORE YOU GO

Table Of Contents

[Regional Surf Overview](#)

[Regional Map](#)

[Surf Spots](#)

[Blacks](#)

[Scripps](#)

[Windansea](#)

[Birdrock](#)

[Pacific Beach](#)

[Mission Beach](#)

[Ocean Beach](#)

[Sunset Cliffs](#)

[Imperial Pier NS](#)

[Imperial Pier SS](#)

[Current Forecast](#)

[Travel Info](#)

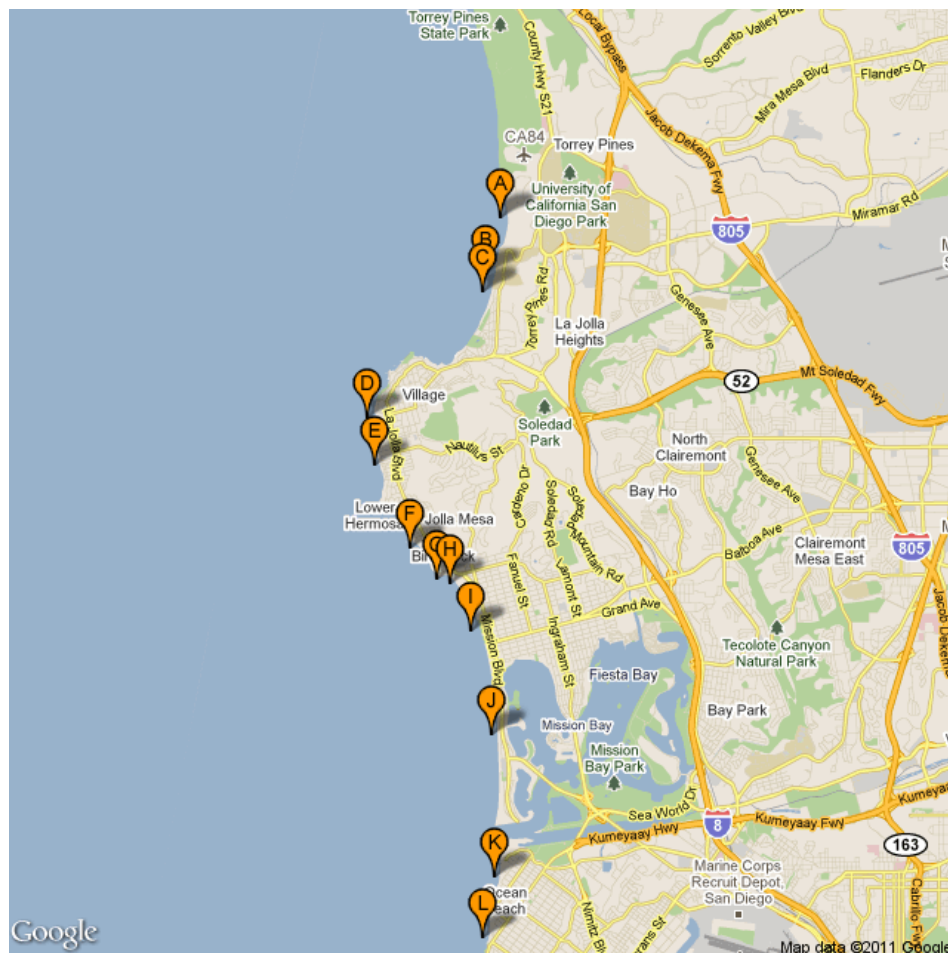
[Local Surf Shops And Schools](#)

[Surfline Tips and Tricks](#)

[Related Content](#)

[The Bill Of Lefts And Rights](#)

South San Diego Map



- | | |
|--------------------------|----------------------|
| A - Blacks | J - Mission Beach |
| B - Scripps | K - Ocean Beach |
| C - La Jolla Shores | L - Sunset Cliffs |
| D - Horseshoe | M - Coronado Beach |
| E - Windansea | N - Imperial Pier NS |
| F - Birdrock | O - Imperial Pier SS |
| G - PB Point | P - Tijuana Slough |
| H - Old Man's/Tourmaline | Q - Tanner Bank |
| I - Pacific Beach | |

Blacks



Need more detail? [View this map online](#)

Description

This is the best beachbreak in the county, and everyone knows it. The saving grace here is the long hike due to the sheer cliffs. It requires a time commitment that rules out most before-the-job or lunch-break sessions. There are three main peaks, shifting phantom peaks and sneaky insiders that work according to conditions. A deepwater canyon attracts most any swell with west in it and holds waves from 2 feet to as big as it gets. During head-high and smaller swells, low to medium tides are best, but, during large swells, it's less tide sensitive. It should be obvious, by the glider port on the north end, that the dominant wind is onshore. Which is, as Black's northern residents will tell you, the perfect direction to tickle a heavily tanned, stark-naked bum.

Black's has long been a celebrated nudist beach, existing in spite of a 1976 city-wide vote banning nudity here and at other city beaches. In fact, the nudies may be able to claim a more entrenched, if not longer, residence at Black's than surfers. But the obscene and surfing have come, over the years, to meld into the essential Black's experience. In an attempt to reign in the freewheeling nudists, the city imposed a "nude line," which is basically a line drawn in the sand and a couple of signs posted. The line is about 20 yards north of Black's North Peak and prohibits nudity south of it. Squeamish surfers can now use the gated road off of La Jolla Farms Road, which ends up at the South Peak, and avoid the nudists altogether. From the bluff above, on a clear day, you can see Catalina Island. So, be warned: a line in the sand on this broad beach doesn't offer much protection against exposure to renegade franks and beans.

More Blacks Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:

low to mid

Best Swell Direction:

W, NW, SW (long period over 15 second)

Best Size:

2 to 15 feet

Best Wind:

E, SE

Perfect-O-Meter:

8 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:

sand, offshore canyon

Ability Level:

advanced

Bring Your:

shortboard, gun, changing towel, hiking shoes

Best Season:

winter

Access:

requires a long hike and a longer-than-average time commitment

Crowd Factor:

often heavy

Local Vibe:

competitive

Bicep Burn:

8-10 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:

2 (1=clean; 10=turds in the lineup)

Shark Danger:

The canyon is a breeding ground for white sharks, and leopard sharks dot the beach in the summer, but you probably won't be bothered unless you're very unfortunate. (1=none; 10=bring an iron cage)

Hazards:

Crumbling cliffs falling on the beach, getting caught in the impact zone of a 10-foot South Peak bomb, walking too far north past the "nude line"

Scripps



Need more detail? [View this map online](#)

Description

One of the most popular beachbreaks in southern San Diego, the sandbars that form at La Jolla Shores and either side of Scripps Pier have qualities that augment the beaches to the south. This stretch of beach isn't quite as tide-sensitive as Mission or Pacific Beach, which makes it the overflow spot for the masses. Although it can be smaller than the surrounding breaks -- Black's, in particular -- its sandbars hold more swell before closing out. And a south wind, which mottles waves in other parts of the county, can blow off or move sideshore here. While the Shores is ground zero for most of the area's beginners, Scripps is a favorite for local hotshots and often draws photographers and filmers. Also in the mix are students from UCSD and other area colleges. West and northwest swells work best, and the rights dominate at these times. Be aware that water quality is often affected by drain outfall directly at the beach. City lifeguards warn that water contact should be avoided for 72 hours after a storm event.

More Scripps Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:
mid

Best Swell Direction:
Shorter period W; NW less than 15 seconds; long period SW over 15 seconds

Best Size:
3 to 6 feet

Best Wind:
E, SE, even S

Perfect-O-Meter:
6 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:
sand

Ability Level:
beginner and up

Bring Your:
shortboard, longboard

Best Season:
winter

Access:
Easy -- it's where La Jolla Shores Drive meets Torrey Pines Road.

Crowd Factor:
often packed

Local Vibe:
competitive

Bicep Burn:
5 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:
5 (1=clean; 10=turds in the lineup)

Hazards:
beginners

Windansea



Need more detail? [View this map online](#)

Description

Cobalt water speckled on the horizon where the kelp bed has stopped short of its urge to reach for the sky; the shape-shifting peaks emerging and reacting with elemental choreography; the inside shorepound, arid sandstone ledges, rocky shoreline and the iconic shack at Windansea -- combine these with the gaggles of European men prancing about in banana hammocks, and you'll think it's the Mediterranean with waves. The stretch of San Diego's coast from PB Point to La Jolla Cove is peppered with reefs. In the early days, these reefs contributed more to California surfing than most any other length of the coast in the state. The peak at Windansea has been the main stage of the area since the 1930s. Previous histories of the spot have divided conglomerations of surfers who have passed here into movements and revolutions: the Plant Boys, the Meal Hall gang, the Red Fin era, etc. Once the favorite spot of beer-swillin', beast-riding watermen, Windansea has become, in recent years, the center of the community. The wave that spawned Hawaii's first generation of big-wave surfers and developed a round of hotshot Californians in the '70s has since been relegated to fun-wave status. Surfers looking for more critical waves have moved on, even if only a quarter-mile south to Big Rock. But the community has filled in where the mavericks have left off, and the surf culture at Windansea continues to thrive.

More Windansea Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:

varies medium-low to high, low for the Cove, high for Big Rock

Best Swell Direction:

NW, WNW, SW, SSW; straight W swells are blocked by San Clemente Island

Best Size:

3-12 feet, up to 20 feet+ at the Cove

Best Wind:

E

Perfect-O-Meter:

5-8 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:

rock, sand, eelgrass

Ability Level:

medium to advanced

Bring Your:

shortboard, longboard, Windansea Surf Club dues, kneeboard at Big Rock

Best Season:

year-round

Crowd Factor:

San Diego Zoo without the zoo-keeper, mobbed

Local Vibe:

surly, competitive, one of the least friendly places in Southern California

Bicep Burn:

5-8 (1=1ft Waikiki; 10=15ft Ocean Beach)

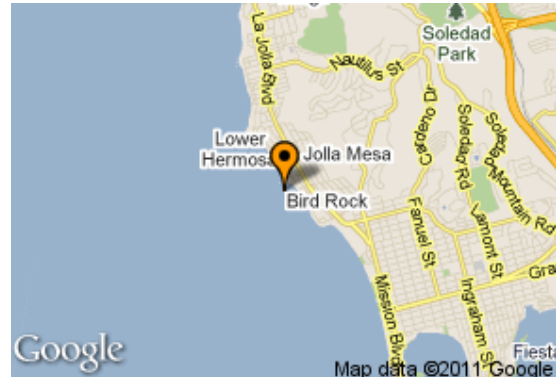
Poo Patrol:

3 (1=clean; 10=turds in the lineup)

Hazards:

Drop-ins, water fist-fights at Windansea, snaking around you at Big Rock, clean-up sets, and getting washed into the caves at The Cove.

Birdrock



Need more detail? [View this map online](#)

Description

Nestled just north of Pacific Beach Point and about half a mile south of Windansea sits the area known as Bird Rock. As with all of the other surrounding spots in the larger La Jolla area, these are reef breaks. There are two dominant breaks -- South Bird Rock and North Bird Rock -- that are surrounded by a handful of lesser quality and finicky sub reefs.

Both of these breaks get waves from a variety of swell directions. Overall, S/SW swells generally produce better quality waves. This area is notorious for having long lulls when the swell is southerly. Swells coming in out of a more W/NW direction can produce decent quality waves at North Bird while the South Bird reef will only have some short, and often soft, pop-up peaks. While both spots can break through a higher tide, if a swell is large enough, they are often best at a lower- to mid-tide. Medium- to larger-sized swells are needed for both of these breaks to show their better sides. North Bird is one of the few areas in San Diego that can hold shape and form on the largest of swells, as the bigger it gets, the further out it breaks.

South winds can and most often will affect surface conditions badly. Winds out of the north to northeast are the preferred direction. A flourishing kelp bed growing just to the outside of both breaks can also keep the areas surface textures cleaner. The water clarity can be some of the best that you may find in the entire San Diego area, which bodes well for those who like to go diving when the surf is down. A wide variety of bottom contours as well as sea life assure that each and every dive will present you with a unique experience.

As with ALL of the surrounding breaks in the area, the Bird Rock region is home to some of the best surfers in San Diego. As such, a higher level of respect is needed if you expect to ride these waves in peace.

More Birdrock Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:
varies medium-low to high

Best Swell Direction:
NW, WNW, SW, SSW; straight W swells are blocked by San Clemente Island

Best Size:
3-12 feet

Best Wind:
NE

Perfect-O-Meter:
5-8 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:
reef

Ability Level:
medium to advanced

Bring Your:
shortboard, longboard

Best Season:
year-round

Crowd Factor:
San Diego Zoo without the zoo-keeper, mobbed

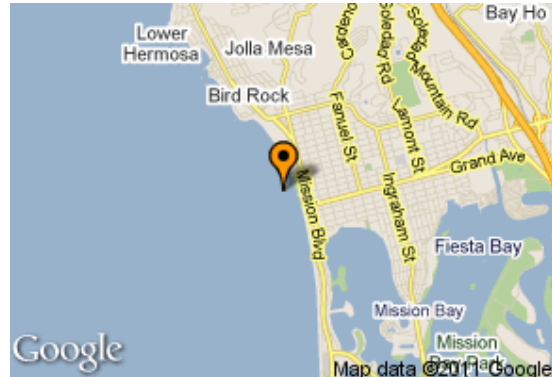
Local Vibe:
surly, competitive, one of the least friendly places in Southern California

Bicep Burn:
5-8 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:
3 (1=clean; 10=turds in the lineup)

Hazards:
Drop-ins

Pacific Beach



Need more detail? [View this map online](#)

Description

PB Point is a rolling right that meanders through various slow sections. In fact, it's the slowest wave around and requires a low tide and swell with push to make it decent. There was a time, though, when these qualities made the Point ideal. The very first San Diego shack, a copy of the Polynesian throwback at San Onofre, was erected at PB Point during the early '40s. This was the first headquarters of Pacific Beach and La Jolla surfers before they migrated to Windansea. The shack was rebuilt there in 1946. It seems they were moving on to better hunting grounds. Which makes one wonder: where would the shack be now if the tradition had continued?

As a social gathering place, and center of a community, the parking lot and beach at the end of Tourmaline Street is something to be cherished -- old friends, old stories, old boards, and a brand-new sunset every night. The atmosphere here is the antithesis of the aggro jostling going on just a quarter of a mile away at the Crystal Pier. The people who surf Tourmaline love it. And you'd have to be bleary-eyed with love to stick with waves that mushy. Longboards are the rule.

More Pacific Beach Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:

medium to high

Best Swell Direction:

W, NW, SW

Best Size:

3 to 6 feet

Best Wind:

E

Perfect-O-Meter:

1 to 7 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:

sand

Ability Level:

beginner and up

Bring Your:

shortboard, longboard, 12-foot paddleboard

Best Season:

winter

Access:

easy

Crowd Factor:

plenty of traffic

Local Vibe:

mellow

Bicep Burn:

3 (1=1ft Waikiki; 10=15ft Ocean Beach)

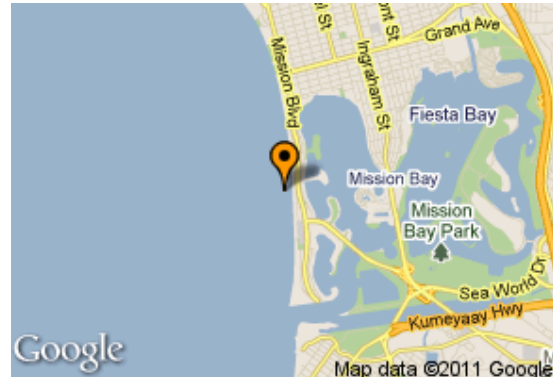
Poo Patrol:

3 (1=clean; 10=turds in the lineup)

Hazards:

Attempting to rip mush on a shortboard, getting hit by a loose 12 foot board.

Mission Beach



Need more detail? [View this map online](#)

Description

Roller skates, Rollerblades, roller coaster, skateboards, bicycles, tricycles, runners, joggers, low riders, walkers, talkers, streakers and gawkers -- everything in Mission Beach is on the move. Representative of that fact, city workers are now widening the ever-popular boardwalk to twice the width of the Pan-American Highway. And, while surfing at other city beaches is the only show, the lineup in Mission is a sideshow.

This stretch of sometimes-peaky beachbreak fronted by mismatched condos is the bellwether of surfing in central San Diego. There is always a little something breaking here. The beach receives action from northwest to southwest swell and is a year-round spot. Wave shape is mediocre to good, but is certain to change with tide and shifting sandbars. There are the occasional magic sessions. It's best on a medium tide with 3- to 6-foot swell. The beach is plagued by closeouts on larger days and/or low tide. Good inside/reform sandbars form in spring and summer, and these are best at high tide. A major player here is wind. There is usually a bump to the surface by 11 a.m., regularly glassing off near dusk -- Santa Ana conditions are the obvious exception. During summer months, parking and the crowd on the boardwalk can be a freak show, but most of these people will only get their feet wet. Water temps range from the mid50s in winter and early spring to the low 70s come August and September.

The South Mission Jetty holds a classic left sand wedge peaking just off the jetty channel. It breaks on a west or northwest and is ideal on a low to mid-tide. Its wall is rippable and the pocket sometimes barrels. The rock jetty wards off a south wind fairly well, and the wave can have good form when the rest of Mission is blown out. The takeoff zone is immeasurably small, meaning the crowd at the peak will sit close enough to hold hands and thumb wrestle -- obviously, a tight niche. To make matters worse, this is a favorite filming spot for local talent. When the main peak of the jetty is working, there is usually a peak that swings wide, just north of the pack. Sitting here or farming insiders are good alternatives to the grudge match going on at the peak. It is easy as can be to check the wave from the public parking lot at the end of Mission Boulevard.

If the waves suck, there is usually a game of ball going on at the basketball courts next to the parking lot.

More Mission Beach Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:
mid

Best Swell Direction:
W, NW, SW

Best Size:
3 to 6 feet; up to 10 feet at the Jetty

Best Wind:
E; S at the Jetty

Perfect-O-Meter:
1 to 5 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:
sand

Ability Level:
beginner to advanced

Bring Your:
shortboard, longboard, roller blades

Best Season:
fall, winter, and spring

Access:
Easy, but parking and traffic can be a lesson in road rage during summer months.

Crowd Factor:
light at the beachbreak, zooed at the Jetty

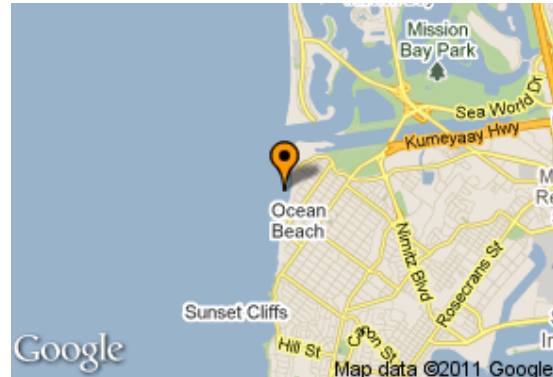
Local Vibe:
Usually amiable, though the jetty is a different story.

Bicep Burn:
3 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:
3 (1=clean; 10=turds in the lineup)

Hazards:
getting run over by a roller bladder on the boardwalk, locals at the South Mission Jetty, car rip-offs

Ocean Beach



Need more detail? [View this map online](#)

Description

Not to be confused with its northern franchise, this small stretch of sand's most elemental physical trait is its location at the end of the Interstate 8. This is where anyone aimlessly heading west will end up, so the beach gets all kinds. It also receives all kinds of swell, and often offers rideable waves when the rest of central San Diego is dry. The town itself is a bastion of liberalism, while the rest of San Diego is, well, also dry. It's the hippiest, if not hippest, San Diego beach community.

On the north end, Big Jetty is a hollow right breaking off of the southern jetty of the Mission Bay entrance. It begins with a steep peak and a small takeoff zone, but then elongates into a long, fast right wall. It sections depending on the sandbar and swell direction. Both sets and insiders are similarly shaped, and the break, although preferring a mid- to low tide, will break well on just about any tide. Closeouts are the rule with swell pushing 8 feet plus. The thing to consider here is the San Diego River. Closures are frequent due to runoff from storm events and sewage spills, and signage warning of pollution has been permanently established here. Many local surfers have gotten sick after surfing the jetty. Worse still is the fact that the jetty breaks directly in front of Dog Beach, the only area beach where dogs are allowed to run free, which means there are more land mines in the sand here than in all of Cambodia.

Avalanche is a predominately left peak that breaks just north of the finger, or little, jetty bisecting Ocean Beach. It's consistent, and breaks on a variety of tides and just about any swell with a little west in it. Various peaks form just north of the main peak, holding both rights and lefts. This section of the beach is blackballed during summer months from 11 a.m. to 5 p.m. During after-work sessions in summer, it's possible to see more neoprene out there than water -- i.e., it's crowded.

The Ocean Beach Pier at the end of Newport Street is the most accessible spot in an area of accessible spots. Both right and left peaks, it's temperamental, shifty, unpredictable, perennially surfed and most often mediocre. This is not to say that it doesn't have its good days. When it is working well, usually it's the right peeling into the pier that is the main attraction. There's a mushy, rock-and-sand left on the south side of the pier that often shoots surfers through the pier's pylons at a snail's pace. Local lore says that this left was a solid reef/sand break before the construction of the pier in 1962, but nowadays one can only stand on the pier and imagine its former glory. Like other local spots, the breaks around the pier are happiest on a low to mid-tide, a swell with a little west in the mix and light wind.

Best Tide:
mid

Best Swell Direction:
W, NW, SW

Best Size:
3 to 6 feet

Best Wind:
E

Perfect-O-Meter:
1 to 6 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:
sand

Ability Level:
beginner to advanced

Bring Your:
shortboard, longboard, hybrid

Best Season:
fall, winter, spring, or a big SW in summer

Access:
Easy -- enter the parking lot at the end of Voltaire Street, or park by the pier at the end of Newport Street.

Crowd Factor:
packed in summer

Local Vibe:
stuffy

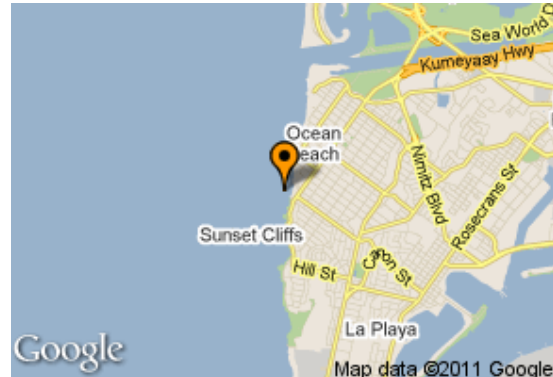
Bicep Burn:
3 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:
5; 10 if the San Diego River is flowing
(1=clean; 10=turds in the lineup)

Hazards:
getting sick from the runoff

More Ocean Beach Travel Info:
[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Sunset Cliffs



Need more detail? [View this map online](#)

Description

At the crusty edge of a city of 1.2 million, the bucolic atmosphere of these reefbreaks is impressive. Beginning in a small neighborhood, the cliffs extend into the chaparral-carpeted U.S. Naval Reservation of Point Loma. A thick kelp bed several hundred yards outside the breaks smoothes the bump out of westerly wind, making it an ideal place to surf when the beaches are blown out. To access most of these breaks, rocky cliffs -- and, often, exposed reef -- must be navigated. Long paddles mired by sea grass and kelp are the norm. The Cliffs produce waves during fall, winter and spring on west and northwest swells, with a couple of southwesterly exceptions. There are many head-high and overhead days, but most of these spots max out before reaching 8 feet. The speed of these waves is often dictated by tide. Low to mid-tide is best. Depending on the power of a swell, mid- to high tide can be slower to nonexistent. Super-low tides dramatically alter the character of the breaks, sometimes making things interesting with shifting peaks and new sections. There are a couple of short, high-tide spots, but these are the exception. Most of the Cliffs' breaks experience long periods of doldrums in the summer.

Like an island chain, the breaks here are linked in spirit, yet remain individually defined. Illustrative of the fact, San Diego legend Skip Frye has been known to paddle south, surfing one break to another, and, with the grace of an albatross, turn around and surf and paddle back north. This isn't to say the paddles aren't long. There are huge channels, and, to cover all of the breaks, you'd have to paddle and surf more than three miles.

The area holds a minority of performance waves with many lesser alternatives. The ability required to surf these waves often varies with conditions. When the swell is big, there are always a lot of people about and occasional emergency lifeguard runs. Strong currents are predictable at these times. Surfers inexperienced with the area are often unable to get back up the cliff trails during bigger days with higher tides. Some have been battered against the cliffs while trying to exit the water. Also, no matter how big the waves, the cliffs themselves present formidable danger. Almost everything that walks or rolls has taken the short route to the bottom.

As with any good California reefbreaks that are buffered by steep cliffs, nice homes and relative isolation, Point Loma is tight-knit community. Many of the surfers here are third-generation locals and almost all of them have augmented their working lives to accommodate their time in the water. King-of-the-hill style localism is in practice. Common sense goes a long way. Paddle out one at a time and, to score points in the eyes of the salty dogs, don't wear a leash.

Best Tide:

medium to low

Best Swell Direction:

W, NW

Best Size:

3 to 10 feet

Best Wind:

E

Perfect-O-Meter:

3-7 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:

limestone reef and rock heads with sharp mollusks

Ability Level:

experienced

Bring Your:

shortboard, longboard, Point Loma Nazarene University parking pass

Best Season:

fall, winter, spring

Access:

Difficult -- many spots require navigating cliff trails, long walks, and the breaks at the point require boat access.

Crowd Factor:

moderate to heavy

Local Vibe:

stuffy to downright mean

Bicep Burn:

6-8; it's a long way out there (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:

3 (1=clean; 10=turds in the lineup)

Hazards:

entering and exiting the Cliffs during high tide and a big swell, local hospitality

More Sunset Cliffs Travel Info:
[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Imperial Pier NS



Need more detail? [View this map online](#)

Description

This is the end of the country -- head west or south any distance, and you'll either be wet or in Mexico. Despite the socioeconomic factors at work here -- a first- and a third-world nation divided by the most heavily trafficked border on the globe -- a surf off the borderland of Imperial Beach can be a serene experience. From the Interstate 5, take Palm Avenue to the beach, then head south on Seacoast Drive. Pull off on any number of side streets and find your own peak. IB, as it's known, breaks year-round and holds some of the best sandbars in San Diego County. Southwest swells are received better here than most any spot in central San Diego, making it a good summertime alternative to Mexico's beaches. Medium tides work best. The shape and location of sandbars vary: sometimes it's hotter near the pier, and sometimes it's better farther south. The very end of Seacoast Drive is a popular spot. There's plenty of public parking, and, south of that, sand and ocean to one side, and wetlands to the other.

More Imperial Pier NS Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:
mid

Best Swell Direction:
W, NW, SW, S

Best Size:
3 to 6 feet

Best Wind:
E, NW at Coronado

Perfect-O-Meter:
6 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:
sand

Ability Level:
beginner to advanced

Bring Your:
shortboard

Best Season:
Year-round

Access:
easy

Crowd Factor:
light

Local Vibe:
Protective. Again, you're not welcome here, and they'll wax your windows to prove it. One of the last localized spots in San Diego.

Bicep Burn:
3 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:
10, thanks to the Tijuana River (1=clean; 10=turds in the lineup)

Shark Danger:
Out to sea, for sure. (1=none; 10=bring an iron cage)

Hazards:
Big poops in the lineup and who knows what else for the Tijuana River, big sharks outside of Tijuana sloughs

Imperial Pier SS



Need more detail? [View this map online](#)

Description

This is the end of the country -- head west or south any distance, and you'll either be wet or in Mexico. Despite the socioeconomic factors at work here -- a first- and a third-world nation divided by the most heavily trafficked border on the globe -- a surf off the borderland of Imperial Beach can be a serene experience. From the Interstate 5, take Palm Avenue to the beach, then head south on Seacoast Drive. Pull off on any number of side streets and find your own peak. IB, as it's known, breaks year-round and holds some of the best sandbars in San Diego County. Southwest swells are received better here than most any spot in central San Diego, making it a good summertime alternative to Mexico's beaches. Medium tides work best. The shape and location of sandbars vary: sometimes it's hotter near the pier, and sometimes it's better farther south. The very end of Seacoast Drive is a popular spot. There's plenty of public parking, and, south of that, sand and ocean to one side, and wetlands to the other.

More Imperial Pier SS Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:
mid

Best Swell Direction:
W, NW, SW, S

Best Size:
3 to 6 feet

Best Wind:
E, NW at Coronado

Perfect-O-Meter:
6 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:
sand

Ability Level:
beginner to advanced

Bring Your:
shortboard

Best Season:
Year-round

Access:
easy

Crowd Factor:
light

Local Vibe:
protective if need be

Bicep Burn:
3 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:
10, thanks to the Tijuana River (1=clean; 10=turds in the lineup)

Hazards:
Big poops in the lineup and who knows what else for the Tijuana River, big sharks outside of Tijuana sloughs

South San Diego Forecast

* This forecast was created on 03/31/11.

Hey, this is **Kevin** with your **South San Diego Forecast** effective Thursday afternoon .

FORECAST RECAP:

SOCAL on THURSDAY: A modest mix of swells continued today, from both the SSW and NW, along with excellent conditions. Many breaks picked up 2-3'+ surf, while top SSW and combo breaks of Orange County saw inconsistent 3-4'+ range surf, with even some larger sets at times.

BRIEF OUTLOOK: Modest to locally fun size Southern Hemi swell will continue over the next few days, with even larger SSW and SW swell lining up in the longer term. Modest NW swell prevails for most breaks on Friday, but new and long period NW swell will fill in for well exposed breaks on Saturday. Those long period waves back down on Sunday as NW windswell builds. Conditions will need to be monitored closely as we move through the weekend, with the return of onshore flow. Check the forecast for further details and what lines up for the long range.

FORECAST OUTLOOK:

FRIDAY: SSW swell continues as small, mid period NW swell also holds. Many breaks see 2-3' occ. 4' surf, with some plus sets at top NW breaks. New, long period NW swell builds in the late afternoon/evening with some head high sets at standout spots by sundown.

WIND/WEATHER: Light/variable wind early, turning light to moderate SW for the afternoon.

Surfline's **RATING OF SURF HEIGHTS AND QUALITY**

THURSDAY 03/31 FAIR	FRIDAY 04/01 FAIR	SATURDAY 04/02 FAIR TO GOOD	SUNDAY 04/03 POOR	MONDAY 04/04 FAIR
SURF: 2-3 ft knee to waist high NW swell mix due to weaken; Small SSW swell, with occasional 4' sets at top breaks; light offshores in AM and clean; NW pulse due late	SURF: 2-3 ft + knee to chest high occ. 4 ft New NW swell due to fill in with more size in the late afternoon/evening; Small SSW swell	SURF: 4-6 ft shoulder high to 1 ft overhead occ. 7 ft Long period NW groundswell continues; possible light AM S wind and cleanest in the morning	SURF: 4-6 ft shoulder high to 1 ft overhead occ. 7 ft Increasing short period NW windswell as NW groundswell fades; possible breezy W/NW flow...stay tuned	SURF: 3-5 ft waist to head high occ. 6 ft Dropping NW swell mix; SSW swell fills in further; possible AM offshore flow...stay tuned






WINDS:

02AM 5 kts 319° NW	08AM 6 kts 324° NW	02PM 12 kts 274° W	08PM 6 kts 328° NW	02AM 3 kts 288° WNW	08AM 1 kts 189° S	02PM 10 kts 264° W	08PM 4 kts 241° WSW	02AM 4 kts 129° ESE	08AM 2 kts 163° SSE	02PM 8 kts 216° SW	08PM 6 kts 211° SW	02AM 13 kts 254° WSW	08AM 15 kts 256° W	02PM 13 kts 261° W	08PM 4 kts 242° WSW	02AM 10 kts 122° ESE	08AM 3 kts 120° ESE	02PM 10 kts 264° W	08PM 10 kts 315° NW
05AM 3 kts 303° WNW	11AM 6 kts 299° WNW	05PM 12 kts 286° WNW	11PM 4 kts 310° WNW	05AM 1 kts 293° WNW	11AM 6 kts 235° WSW	05PM 6 kts 247° WSW	11PM 4 kts 215° SW	05AM 5 kts 218° SW	11AM 8 kts 192° SSW	05PM 9 kts 200° SSW	11PM 6 kts 203° SSW	05AM 14 kts 263° W	11AM 9 kts 267° WSW	05PM 12 kts 273° W	11PM 11 kts 126° ESE	05AM 7 kts 120° ESE	11AM 4 kts 251° WSW	05PM 9 kts 298° WNW	11PM 8 kts 340° NNW

TIDES:

8:20AM:4.67ft	8:51PM:4.75ft	8:54AM:4.6ft	9:12PM:4.94ft	9:27AM:4.47ft	9:32PM:5.08ft	9:59AM:4.27ft	9:53PM:5.17ft	10:31AM:4.02ft	10:16PM:5.20ft
0:00AM:0.8ft	2:43PM:0.05ft	3:02AM:0.46ft	3:07PM:0.22ft	3:32AM:0.18ft	3:29PM:0.44ft	4:02AM:-0.01ft	3:50PM:0.69ft	4:33AM:-0.11ft	4:11PM:0.95ft
Low: 2:30AM : 0.80 feet	Low: 3:02AM : 0.46 feet	Low: 3:32AM : 0.18 feet	Low: 4:02AM : -0.01 feet	Low: 4:33AM : -0.11 feet					
High: 8:20AM : 4.67 feet	High: 8:54AM : 4.60 feet	High: 9:27AM : 4.47 feet	High: 9:59AM : 4.27 feet	High: 10:31AM : 4.02 feet					
Low: 2:43PM : 0.05 feet	Low: 3:07PM : 0.22 feet	Low: 3:29PM : 0.44 feet	Low: 3:50PM : 0.69 feet	Low: 4:11PM : 0.95 feet					
High: 8:51PM : 4.75 feet	High: 9:12PM : 4.94 feet	High: 9:32PM : 5.08 feet	High: 9:53PM : 5.17 feet	High: 10:16PM : 5.20 feet					

WEATHER:

 MOSTLY SUNNY 61 - 70°F	 MOSTLY SUNNY 59 - 67°F	 MOSTLY CLOUDY 58 - 64°F	 SCATTERED SHOWERS 55 - 62°F	 MOSTLY CLOUDY 55 - 61°F
---	---	--	--	--

LONG RANGE FORECAST OUTLOOK

WIND/WEATHER SYNOPSIS:

High pressure will remain over the region, but will weaken on Friday. We will see light morning wind and clean conditions, along with mostly sunny skies and pleasant beach temps.

As we head through the weekend, a trough of low pressure will develop off the coast and eventually slide through eastern California on Sunday. That will bring the return of cooler, cloudy weather and light to moderate southerly flow on Saturday (strongest in the PM, fairly clean at many S/SE wind protected spots in the AM). Wind will shift SW/W on Sunday and looks pretty breezy by the afternoon.

High pressure will then move back over Southern California early next week and we could see the return of weak offshore flow for Monday and Tuesday mornings. Stay tuned.

NORTH PACIFIC SWELL/SURF ACTIVITY: For Friday morning extreme angled NW(295-305+) groundswell will continue as shorter period NW windswell fades. For exposed spots of Ventura, the South Bay, select parts of OC and San Diego that sets up 2-3'+ surf. Standout breaks see a few plus sets to shoulder high.

Next up is a larger and longer period NW swell that will be strongest on Saturday, although forerunners will build over the afternoon on Friday at breaks that favor the long period NW swell. This will be a somewhat extreme angled, long period NW swell (290-300) that will also be somewhat inconsistent because the storm was at it's strongest around 2500 miles away from us.

That being said, it still looks relatively solid for the well exposed breaks of Southern Ventura, select breaks of the central South Bay, extreme North OC and San Diego (and especially South San Diego). By Saturday morning (and even later Friday) the better breaks in those regions see shoulder-head high waves. Good spots in southern Ventura and South San Diego see sets running a foot or two overhead and standouts are even a little better at times. Those waves fade through the day on Sunday.

However, it now also looks like we could see a fairly solid dose of NW windswell develop on Sunday, before dropping on Monday, from strong NW wind in the outer waters. The short period period waves will combine with the fading, longer period swell to set up chest-shoulder-head high waves at the better breaks. Standouts see overhead sets. Look for fading leftovers on Monday, although still decent size in the morning and fun at the breaks that will also pick up the SSW swell. Stay tuned.

Beyond that, it appears that we could see a modest size NW swell (290-300) for around the 6th-7th, although nothing major is currently on the radar. Stay tuned, we'll have more details on that once we see the storm develop in a few days.

SOUTH PACIFIC SWELL/SURF ACTIVITY: For the remainder of the week, and as we move into the weekend (Fri-Sat), we'll see a continuation of modest SSW swell (195-205+). For breaks with decent exposure that means mostly knee/waist high sets. Standouts in Orange County will be better with waist-chest, occasional shoulder high waves.

Going a little further out, a slightly larger SW to SSW groundswell (195-210) will move in for the 4th-5th with 2-3' occ. 4' waves at the exposed breaks. Good spots in Orange County (especially South OC) and San Diego see 3-4' waves with some larger sets at select standout breaks up to head high. We'll also have NW swell off and on for the next several days, so there will be periods of peaky bowls at the beachbreaks exposed to both swells.

Beyond that, we've been watching a large, intense storm down near New Zealand that is setting up swell for the middle to second half of next week. This swell will initially be pretty 'west' (200-215 degrees) and partially **shadowed**, but will offer good size surf at exposed breaks of San Diego, South OC and parts of LA on the 7th and 8th (even starting to build through the day on Wednesday the 6th). The well exposed spots by the 7th-8th have good potential to see chest-head high waves, with some overhead sets at standouts of South OC and even San Diego.

As we head into the following weekend of the 9th-10th, the swell is expected to turn more to the SSW (190-200) and slowly back down (although also opening up a bit more to some places like North OC/extreme North OC thanks to the shift in swell direction). Stay tuned, this is still a very active storm and we will be refining this forecast over the next several days as we're able to track the swell, gather more data and also see how much energy makes it through the Polynesia/Tahiti shadow.

7-DAY LOLA OFFSHORE SWELL & REGIONAL SURF HEIGHTS

FRI 04/01	SAT 04/02	SUN 04/03	MON 04/04	TUE 04/05	WED 04/06	Surf:
Surf: 4-6ft	Surf: 5-7ft	Surf: 6-7ft	Surf: 5-6ft	Surf: 2-3ft	Surf: 2-3ft	
Swell: 3.5ft at 18s from WNW/284° 2.9ft at 11s from WNW/284° 1.4ft at 14s	Swell: 4.7ft at 15s from WNW/284° 1.5ft at 15s from SSW/205° 1.3ft at 12s	Swell: 7ft at 10s from WNW/282° 2.1ft at 6s from WSW/251° 1.7ft at 14s	Swell: 5ft at 11s from WNW/283° 1.7ft at 14s from SSW/204° 1.7ft at 6s	Swell: 2.6ft at 11s from WNW/283° 1.9ft at 14s from SSW/201° 0.8ft at 5s	Swell: 2ft at 14s from WNW/284° 1.9ft at 14s from SSW/201° 1.7ft at 18s	

Surflines South San Diego Surf Guide

from WNW/284°	from SSW/205°	from WSW/251°	from SSW/204°	from SSW/201°	from SSW/201°	
---------------	---------------	---------------	---------------	---------------	---------------	--

OFFSHORE SWELL FORECAST LOCATION



The location for Surflines LOLA 7-Day Swell Model for this region is displayed on this map. LOLA will analyze all of the various wave and swell energy merging at this offshore location and will then identify each separate swell with its specific direction, height, and swell period. Only then can we accurately forecast the surf. LOLA will then calculate the surf heights from each swell, and will display the surf height of the single dominant swell at the top. This surf height will be a good representation of the typical surf heights throughout this region over the next 7 days. There will always be surf spots with smaller surf due to less exposure to the dominant swell, and other surf spots with larger surf due to greater exposure to the dominant swell. Local underwater bathymetry may also play a strong role in affecting surf heights throughout the region. Most important is to know what swells and potential surf is running so surfers can use their local knowledge and to explore to find the best surf in a region.

South San Diego Travel Info

Blacks

Places To Eat:

El Pescador, at 627 Pearl St., fixes the finest grilled-fish sandwich anywhere (858-456-2526), and it's located next to one of San Diego's best surf shops, Mitch's. If you just want a burrito, Bahia Don Bravo (858-454-8940), at 5504 La Jolla Blvd., is a notch or two above your corner taco stand. La Jolla, especially Prospect Street, is home to many fine, but pricey, dinning establishments. One of the more reasonable joints is Girard Gourmet (858-454-3321), a deli with the best turkey, avocado and cheese sandwich in the business.

Places To Stay:

Just knock on any one of the mansions fronting the ocean here and ask to use their facilities -- they are unusually accommodating. Ha. La Jolla is, hands down, the most chi-chi neighborhood in San Diego, and the exuberance of its elite resorts borders on bizarre. The Chopra Center for Well Being, for example, offers the Pizichilli treatment (\$210), a stream of heated oil poured over the body while two therapists rub you down. Assuming most surfers would rather get lubed up in the ocean, a good bet is to stay in Mission, or Pacific Beach, where there are more hotels and no-tells than you can shake your stick at. Or, with rooms between \$40 and \$120, check out the La Jolla TraveLodge at 1141 Silverado St. (858-454-0791).

Things To Do:

Instead of hiking down the cliff, jump off of it. Hang gliding and paragliding instruction can be found above Black's at the International Gliderport, 2800 Torrey Pines Scenic Dr. (858-452-9858; www.flytorrey.com). Or, walk south to La Jolla Shores and pick up on vacationing Arizona girls (hint: they don't like to be called Zonies). Catch a lecture at UCSD, or go listen to the sound of DNA being decoded at the gang of bio-tech labs nearby. Find out what Scripps Institute of Oceanography is really up to at Birch Aquarium, 2300 Expedition Way (858-534-3474). If you haven't got enough hiking and beautiful views by now, Torrey Pines State Beach and Reserve is just up the coast on the Pacific Coast Highway (858-755-2063). Handicappers can try to win enough money to actually live in La Jolla at the Del Mar Thoroughbred Club, open July through September, at 2260 Jimmy Durante Blvd. (858-755-1161); general admission is \$3. Also, see the La Jolla Reefs "Other Things to Do" entry.

Scripps

Places To Eat:

El Pescador, at 627 Pearl St., fixes the finest grilled-fish sandwich anywhere (858-456-2526), and it's located next to one of San Diego's best surf shops, Mitch's. If you just want a burrito, Bahia Don Bravo (858-454-8940), at 5504 La Jolla Blvd., is a notch or two above your corner taco stand. La Jolla, especially Prospect Street, is home to many fine, but pricey, dinning establishments. One of the more reasonable joints is Girard Gourmet (858-454-3321), a deli with the best turkey, avocado and cheese sandwich in the business.

Places To Stay:

Just knock on any one of the mansions fronting the ocean here and ask to use their facilities -- they are unusually accommodating. Ha. La Jolla is, hands down, the most chi-chi neighborhood in San Diego, and the exuberance of its elite resorts borders on bizarre. The Chopra Center for Well Being, for example, offers the Pizichilli treatment (\$210), a stream of heated oil poured over the body while two therapists rub you down. Assuming most surfers would rather get lubed up in the ocean, a good bet is to stay in Mission, or Pacific Beach, where there are more hotels and no-tells than you can shake your stick at. Or, with rooms between \$40 and \$120, check out the La Jolla TraveLodge at 1141 Silverado St. (858-454-0791).

Things To Do:

La Jolla Cove is a great place to snorkel, due to its location at the edge of an underwater wildlife reserve. Just up Jenner Street from the Cove, check out the Crescent Cafe, where you can access one of the Seven Sisters caves through a stairway in the former Shell Store. Although it's not so legal, many people jump off the cliffs between the Cove and the Seven Sisters caves at high tide. South of the Cove on Jenner Street is the Children's Pool, a manmade beach and breakwater, which is a terrible place to take a kid, but a great one for watching the sea lions that have taken it over. One of the Jewel's real gems is the Museum of Contemporary Art, 700 Prospect St., which is housed in a local landmark that overlooks a couple of reefs not named here -- \$2 to \$4 (858-454-3541). North of the La Jolla Shores and above the Scripps Pier is the stately Birch Aquarium, 2300 Expedition Way (858-534-3474). Catch a breath of fresh air at Torrey Pines State Beach and Reserve -- hiking trails, pristine beach and view -- off of I-5 at Carmel Valley Road (858-755-2063).

Windansea

Surfline's South San Diego Surf Guide

Places To Eat:

El Pescador, at 627 Pearl St., fixes the finest grilled-fish sandwich anywhere (858-456-2526), and it's located next to one of San Diego's best surf shops, Mitch's. If you just want a burrito, Bahia Don Bravo (858-454-8940), at 5504 La Jolla Blvd., is a notch or two above your corner taco stand. La Jolla, especially Prospect Street, is home to many fine, but pricey, dinning establishments. One of the more reasonable joints is Girard Gourmet (858-454-3321), a deli with the best turkey, avocado and cheese sandwich in the business.

Places To Stay:

Just knock on any one of the mansions fronting the ocean here and ask to use their facilities -- they are unusually accommodating. Ha. La Jolla is, hands down, the most chi-chi neighborhood in San Diego, and the exuberance of its elite resorts borders on bizarre. The Chopra Center for Well Being, for example, offers the Pizichilli treatment (\$210), a stream of heated oil poured over the body while two therapists rub you down. Assuming most surfers would rather get lubed up in the ocean, a good bet is to stay in Mission, or Pacific Beach, where there are more hotels and no-tells than you can shake your stick at. Or, with rooms between \$40 and \$120, check out the La Jolla TraveLodge at 1141 Silverado St. (858-454-0791).

Things To Do:

La Jolla Cove is a great place to snorkel, due to its location at the edge of an underwater wildlife reserve. Just up Jenner Street from the Cove, check out the Crescent Cafe, where you can access one of the Seven Sisters caves through a stairway in the former Shell Store. Although it's not so legal, many people jump off the cliffs between the Cove and the Seven Sisters caves at high tide. South of the Cove on Jenner Street is the Children's Pool, a manmade beach and breakwater, which is a terrible place to take a kid, but a great one for watching the sea lions that have taken it over. One of the Jewel's real gems is the Museum of Contemporary Art, 700 Prospect St., which is housed in a local landmark that overlooks a couple of reefs not named here -- \$2 to \$4 (858-454-3541). North of the La Jolla Shores and above the Scripps Pier is the stately Birch Aquarium, 2300 Expedition Way (858-534-3474). Catch a breath of fresh air at Torrey Pines State Beach and Reserve -- hiking trails, pristine beach and view -- off of I-5 at Carmel Valley Road (858-755-2063).

Birdrock

Places To Eat:

El Pescador, at 627 Pearl St., fixes the finest grilled-fish sandwich anywhere (858-456-2526), and it's located next to one of San Diego's best surf shops, Mitch's. If you just want a burrito, Bahia Don Bravo (858-454-8940), at 5504 La Jolla Blvd., is a notch or two above your corner taco stand. La Jolla, especially Prospect Street, is home to many fine, but pricey, dinning establishments. One of the more reasonable joints is Girard Gourmet (858-454-3321), a deli with the best turkey, avocado and cheese sandwich in the business. Goldfish Point Cafe serves up great breakfast and lunch.

Places To Stay:

Just knock on any one of the mansions fronting the ocean here and ask to use their facilities -- they are unusually accommodating. Ha. La Jolla is, hands down, the most chi-chi neighborhood in San Diego, and the exuberance of its elite resorts borders on bizarre. The Chopra Center for Well Being, for example, offers the Pizichilli treatment (\$210), a stream of heated oil poured over the body while two therapists rub you down. Assuming most surfers would rather get lubed up in the ocean, a good bet is to stay in Mission, or Pacific Beach, where there are more hotels and no-tells than you can shake your stick at. Or, with rooms between \$40 and \$120, check out the La Jolla TraveLodge at 1141 Silverado St. (858-454-0791).

Things To Do:

La Jolla Cove is a great place to snorkel, due to its location at the edge of an underwater wildlife reserve. Just up Jenner Street from the Cove, check out the Crescent Cafe, where you can access one of the Seven Sisters caves through a stairway in the former Shell Store. Although it's not so legal, many people jump off the cliffs between the Cove and the Seven Sisters caves at high tide. South of the Cove on Jenner Street is the Children's Pool, a manmade beach and breakwater, which is a terrible place to take a kid, but a great one for watching the sea lions that have taken it over. One of the Jewel's real gems is the Museum of Contemporary Art, 700 Prospect St., which is housed in a local landmark that overlooks a couple of reefs not named here -- \$2 to \$4 (858-454-3541). North of the La Jolla Shores and above the Scripps Pier is the stately Birch Aquarium, 2300 Expedition Way (858-534-3474). Catch a breath of fresh air at Torrey Pines State Beach and Reserve -- hiking trails, pristine beach and view -- off of I-5 at Carmel Valley Road (858-755-2063).

Pacific Beach

Places To Eat:

Kono's Cafe, at 704 Garnet Ave., has a solid breakfast menu (858-483-1669). The finest Hawaiian plate lunch in town is served at Da Kine's (858-274-8494), 4120 Mission Blvd., on the top floor of the Promenade. From the

Surfline's South San Diego Surf Guide

outdoor patio at Da Kine's, you can watch the surf at the end of Pacific Beach Drive, just a block away. Be adventurous: Mission Boulevard and Garnet Avenue offer a plethora of face-feeding possibilities.

Places To Stay:

From 10 of the rooms at the Crystal Pier Hotel, you could wake in the morning, grab your board, hop the pier railing, and land in the lineup. Of course, you could get a ticket for jumping off of a pier, but it's physically possible. Check your tide book -- you wouldn't want to break your legs by landing on hard-packed sand. Rooms at the Crystal Pier Hotel run from \$95 to \$305, and reservations as long as six months in advance may be necessary (858-483-6983). The Banana Bungalow Hostel, at 707 Reed St., offers dorm-style rooms from \$15 a night, but it's necessary to show a foreign passport or proof of international travel (800-546-7837). Rooms at the stylish Catamaran Resort Hotel, at 3999 Mission Blvd., run from \$130 to \$315 (858-488-1081). There are smaller, less expensive hotels all along Mission Boulevard.

Things To Do:

Toss horseshoes, throw back beers, compare "tats," sit on the seawall and whistle at girls. Oh, wait, that's for locals. For visitors, there are a number of cheap, fun activities going on within the two-mile stretch from Mission to Pacific Beach. Of them, riding a bicycle to Windansea and back is a supreme pleasure. Bike and bodyboard rental huts are just slightly outnumbered by taco shops: if you spit, it will land on one or the other. Ride the 70-year-old roller coaster at Belmont Park for \$3.50 a pop. If the waves are flat, there is a barreling curiosity at Belmont Park's Wave House, a facility holding SD's first permanent Flow Rider. After you've mastered the artificial wave, go down to Garnet Avenue (comparable to Melrose in L.A.), get tattooed, pierced and coiffed, and you'll fit in great. Also, while cruising the boardwalk, keep your eye out for the notorious Flash (aka the Naked Man, the PB Flasher) of Mission Beach. He's tall, virtually nude and highly mobile. Insider's tip: local exotic dancers often spend their mornings tanning between Thomas and Reed streets. Bring mirrored sunglasses.

Mission Beach

Places To Eat:

The Guava Beach Bar & Grill, across the street from Liquid Foundation Surf Shop, cater to many of the local surfers, are open for lunch & dinner, offer a full bar, have food & drink specials daily, offer a cantina style-laid back & fun atmosphere, and play surf videos on our 10 foot projection screen nightly. And if you're looking to get pampered and spend more than \$20 on breakfast for two, walk across the street to The Mission Cafe, 3795 Mission Blvd. (858-488-9060).

Places To Stay:

Banana Bungalow Hostel, at 707 Reed St., offers dorm-style rooms at \$15 a night, but it's necessary to show a foreign passport or proof of international travel (800-546-7837). Rooms at the Hyatt Islandia in Mission Bay range between \$95 and \$235 or higher (619- 224-1234). There are oodles of smaller hotels all along Mission Boulevard. An army of hotel chains can be found a couple of miles inland (east on the Interstate 8) at the appropriately named Hotel Circle.

Things To Do:

Toss horseshoes, throw back beers, compare "tats," sit on the seawall and whistle at girls. Oh, wait, that's for locals. For visitors, there are a number of cheap, fun activities going on within the two-mile stretch from Mission to Pacific Beach. Of them, riding a bicycle to Windansea and back is a supreme pleasure. Bike and bodyboard rental huts are just slightly outnumbered by taco shops: if you spit, it will land on one or the other. Ride the 70-year-old roller coaster at Belmont Park for \$3.50 a pop. If the waves are flat, there is a barreling curiosity at Belmont Park's brand spankin' new Wave House, a facility holding SD's first permanent Flow Rider. After you've mastered the artificial wave, go down to Garnet Avenue (comparable to Melrose in L.A.), get tattooed, pierced and coiffed, and you'll fit in great. Also, while cruising the boardwalk, keep your eye out for the notorious Flash (aka the Naked Man, the PB Flasher) of Mission Beach. He's tall, virtually nude and highly mobile. Insider's tip: local exotic dancers often spend their mornings tanning between Thomas and Reed streets. Bring mirrored sunglasses.

Ocean Beach

Places To Eat:

With the atmosphere of a truck stop, the Old Townhouse Restaurant (619-222-1880), at 4941 Newport Ave., is a local breakfast favorite. For a very vegan lunch, check out The Juice Bar (619-226-1278) at 5001 A Newport. Pick up a wheatgrass shooter, a \$1.50 tempeh taco and wish them a Merry Christmas and a happy Bob Weir. Meat eaters can choke down a good sub just down the block at Poma's, 846 Bacon St. (619-223-3027). Over the hill in Shelter Island, Point Loma Seafoods offers a view of the marina and the SD skyline, and serves up a mean \$5.50 squid sandwich (2805 Emerson St.; 619-223-1109).

Places To Stay:

There is a backpacker's hostel at 4961 Newport Ave. offering dorm-style rooms from \$15 to \$19 -- proof of international travel is required (800-339-7263). In Point Loma, at 3790 Udall St., Hostelling International's Elliott location offers bed space from \$14 to \$17, with no international passport required. An army of hotel chains, with rooms lacking that funky beach flavor, can be found a couple of miles inland (east on the Interstate 8) at the appropriately named Hotel Circle.

Things To Do:

Ocean Beach is home to a beautiful new, city-run skateboard park at Robb Field -- in fact, it's the first thing you'll see as you are coming into town. It's open everyday, costs five bucks a day or \$30 per year, and pads are required. Also at Robb Field are public tennis courts, soccer fields, football fields and baseball diamonds. Just over the point in Shelter Island is a large collection of deep-sea fishing outfits that run from summer through fall; this requires a bit of planning because most runs leave at night and last longer than 24 hours. Whale-watching tours launch out of Shelter Island in spring. At the end of Catalina Boulevard is the small, but stately, Cabrillo National Monument. From the lighthouse here, you can see all of San Diego Bay, the submarine base, downtown SD, Mexico and the vast Pacific. This is also a great place to watch for whales (March), and there is easy access to tide pools at the end of the point. To see marine life in captivity, the overpriced and overrated Sea World is within spitting distance of Ocean Beach. Free Willy.

Sunset Cliffs

Places To Eat:

See Ocean Beach "Places to Eat" entry.

Places To Stay:

The best bet is to stay in Ocean Beach. There's a handful of small beach hotels, and at 4961 Newport Ave. -- the main drag -- there's a backpacker's hostel offering dorm-style rooms from \$15 to \$19. Proof of international travel is required to stay at the hostel (800-339-7263). In Point Loma, at 3790 Udall, Hostelling International's Elliott location offers bed space from \$14 to \$17 -- no need for proof of international travel.

Things To Do:

Ocean Beach is home to a beautiful, city-run skateboard park at Robb Field -- in fact, it's the first thing you'll see as you are coming into town. It's open everyday, both cash and pads are required. Also at Robb Field are public tennis courts, soccer fields, football fields and baseball diamonds. Just over the point in Shelter Island is a large collection of deep-sea fishing outfits that run from summer through fall; this requires a bit of planning because most runs leave at night and last longer than 24 hours. Whale-watching tours launch out of Shelter Island in spring. At the end of Catalina Boulevard is the small, but stately, Cabrillo National Monument. From the lighthouse here, you can see all of San Diego Bay, the submarine base, downtown SD, Mexico and the vast Pacific. This is also a great place to watch for whales (March), and there is easy access to tide pools at the end of the point. To see marine life in captivity, the overpriced and overrated Sea World is within spitting distance of Ocean Beach. Free Willy.

Imperial Pier NS

Places To Eat:

For unknown reasons, every fast-food chain on the ocean planet has established a location on Palm Avenue, and you will pass them, in wide-eyed amazement, on your way to the beach. For a view of Point Loma, downtown SD and the Coronado Islands, try the Tin Fish at the end of the Imperial Beach Pier (619-628-8414).

Places To Stay:

The Seacoast Inn, on the beach just north of the pier, charges from \$80 to \$145 a room, depending on the room's size and location (619-424-7556). The Super 8 (619-575-4421), on industrial-looking Palm Avenue, has rooms ranging from \$49 to \$79. A wise choice might be the Hostelling International location on the corner of 5th and Market in downtown San Diego's Gaslamp Quarter. Room space goes for \$17 to \$19, and the hostel is near downtown nightlife, the trolley and the train station.

Things To Do:

IB is the sleepest beach community in the county. Bird watching at the Tijuana River Estuary, along the beach at the end of Seacoast Drive, is one of best games going. Luckily, downtown SD and Tijuana are just minutes away, north or south on the Interstate 5, and both offer a plethora of things to do. Check out Balboa Park, just north of downtown SD, or Revolution Street in Tijuana. If you're still bored with the options these cities offer, you're probably just boring.

Imperial Pier SS

Places To Eat:

Surflife's **South San Diego** Surf Guide

For unknown reasons, every fast-food chain on the ocean planet has established a location on Palm Avenue, and you will pass them, in wide-eyed amazement, on your way to the beach. For a view of Point Loma, downtown SD and the Coronado Islands, try the Tin Fish at the end of the Imperial Beach Pier (619-628-8414).

Places To Stay:

The Seacoast Inn, on the beach just north of the pier, charges from \$80 to \$145 a room, depending on the room's size and location (619-424-7556). The Super 8 (619-575-4421), on industrial-looking Palm Avenue, has rooms ranging from \$49 to \$79. A wise choice might be the Hostelling International location on the corner of 5th and Market in downtown San Diego's Gaslamp Quarter. Room space goes for \$17 to \$19, and the hostel is near downtown nightlife, the trolley and the train station.

Things To Do:

IB is the sleepest beach community in the county. Bird watching at the Tijuana River Estuary, along the beach at the end of Seacoast Drive, is one of best games going. Luckily, downtown SD and Tijuana are just minutes away, north or south on the Interstate 5, and both offer a plethora of things to do. Check out Balboa Park, just north of downtown SD, or Revolution Street in Tijuana. If you're still bored with the options these cities offer, you're probably just boring.

Local Surf Shops And Schools

Surf Shops

Billabong Aloha Beach Camp - San Clemente

647 Camino De Los Mares #108-202
San Clemente, Ca 92673
Phone: (949)481-7222
Email: alohabeachcamp@cox.net
Web: [Go To Web Site](#)

Russell Shop

2280 Newport Blvd
Newport Beach, CA 92663
Phone: 949 673 5871
Email: russellsurfboards@gmail.com
Web: [Go To Web Site](#)

SurfRandy.com

Buckaneer Beach
Oceanside, CA 92054
Phone: 760-575-4113
Email: randy@surfandy.com
Web: [Go To Web Site](#)

Aloha School of Surfing

31306 Brooks Street
Laguna Beach, CA 92651
Phone: (949) 355-9814
Email: Jamo@AlohaSchoolofSurfing.com
Web: [Go To Web Site](#)

Asylum Surf Shop

310 Mission Ave
Oceanside, CA 92054
Phone: 7607220616
Email: rhodel@asylumboardshop.com
Web: [Go To Web Site](#)

BC SURF SHOP

222 N. El Camino Real
San Clemente , CA 92672
Phone: (949) 498-9085
Email: melanie@bcsurfonline.com
Web: [Go To Web Site](#)

Beach Gofers

125 S. Coast Hwy.
Oceanside , CA 92049
Phone: 760-213-2455

Becker Surfboards

927 S. Coast Highway
Encinitas, CA 92024
Phone: 760-633-1296
Email: surfboards@beckersurf.com
Web: [Go To Web Site](#)

Becker Surfboards, Inc. (Mission Viejo)

28251 Marguerite Pkwy
Mission Viejo, CA 92691
Phone: 949-364-2665
Email: surfboards@beckersurf.com
Web: [Go To Web Site](#)

Bernice Ayer Middle School Surf Club & Team**Pacific Surf School**

721 Ormond Ct.
San Diego, CA 92109
Phone: 858.488.2685
Email: pacificsurf@pacificsurf.org
Web: [Go To Web Site](#)

Paddle Surf Warehouse- Dana Point

34200 Pacific Coast Hwy
Dana Point , CA 92629
Phone: 949.488.8041

Padle Surf Warehouse- Costa Mesa

643 W. 17th
Costa Mesa, CA 92626
Phone: 949.574.5897

Patagonia Cardiff

2185 San Elijo Ave
Cardiff, CA 92007
Phone: 760-634-9886
Email: store_cardiff@patagonia.com
Web: [Go To Web Site](#)

Peter Glenn Of Vermont

2700 West Coast Highway
Newport beach , CA 92659

Plumeria Surfboards

130 Aberdeen Dr.
Cardiff By The Sea, CA 92007
Phone: 760-479-0080

Progression Surf Shop

828 n. coast hwy. 101
leucadia, CA 92024
Phone: 760-942-2088
Email: info@progressionsurf.com
Web: [Go To Web Site](#)

Rancho Del Mar Surf Camp

P.O. Box 314
Del Mar , CA 92014
Phone: 619.507.3588
Email: seth@ranchodelmarsurfcamp.com
Web: [Go To Web Site](#)

Raw Skin Surf N' Sport

2796 Carlsbad Blvd
Carlsbad, CA 92008
Phone: 760 434-1122
Email: info@rawskinsurf.com
Web: [Go To Web Site](#)

Razor Reef

1690 Placentia Avenue Unit E
Costa Mesa, CA 92627
Phone: 949-706-9383
Email: info@razorreef.com
Web: [Go To Web Site](#)

Real Surf Shop

San Clemente, CA 92673
Email: GLHeinrich@capousd.org
Web: [Go To Web Site](#)

Billabong Eli Howard Surf School
P.O. Box 231741
Encinitas, CA 92023
Phone: 760-809-3069
Email: info@elihoward.com
Web: [Go To Web Site](#)

Billabong Safari Surf School
2102 sorrento dr.
Oceanside, CA 92056
Phone: 866-433-3355
Email: info@safarisurfschool.com
Web: [Go To Web Site](#)

Billabong Surfari (San Diego)
3740 Mission Boulevard
San Diego, CA 92109
Phone: 858-337-3287
Email: rick@surfarisurf.com
Web: [Go To Web Site](#)

Bob's Mission Surf
4320 Mission Blvd.
San Diego, CA 92109
Phone: (858) 483-8837
Email: info@missionsurf.com
Web: [Go To Web Site](#)

Bunker Board Shops
4050 Mission Blvd
San Diego, CA 92109
Phone: 858-488-7412
Email: marciozouvi@gmail.com
Web: [Go To Web Site](#)

Carlsbad Pipelines
2975 "A" Carlsbad Blvd
Carlsbad, CA 92008
Phone: (760) 729-4423
Email: carlsbadpipelines@sbcglobal.net

Christian Overnight Surf Camp- OC
255 Oak Street
Laguna Beach, CA 92651
Phone: 949.497.5918
Email: chris@soulsurfschool.com
Web: [Go To Web Site](#)

Clairemont Surf Shop
6393 Balboa Avenue
San diego, CA 92111
Phone: 858-292-1153
Email: clairemontsurf@sbcglobal.net
Web: [Go To Web Site](#)

Colas's Surf Camp
5404 camino Mojado
San Clemente, CA 92673
Phone: 19496361419
Email: cola4surf@yahoo.com
Web: [Go To Web Site](#)

1101 S. Coast Hwy
Oceanside, CA 92054
Phone: (760) 754-0670
Web: [Go To Web Site](#)

Rip Curl Surf Center
3801 S. El Camino Real
San Clemente, CA 92673
Phone: 949-498-4920
Web: [Go To Web Site](#)

Ruckus Enterprises
7074 Ivey Vista Way
Oceanside, CA 92057
Phone: 310.531.2552
Email: kgustavs@ucsd.edu

Rusty Boardhouse
2170 Avenida De La Playa
La Jolla, CA 92037
Phone: 858-551-0262
Web: [Go To Web Site](#)

Rusty Surf School
Pacific Beach
San Diego, CA 92109
Phone: 858-274-1843
Web: [Go To Web Site](#)

Rusty Surfboards
201 15th Street
Del Mar, CA 92014
Phone: 858-259-3200
Email: info@rustydelmar.com
Web: [Go To Web Site](#)

RW / Whitlock Surf Experience
2601 State Street
Carlsbad, CA 92008
Phone: 760-730-1678
Email: whitlocksurfexperience@hotmail.com
Web: [Go To Web Site](#)

S.C. Boardroom
415 Avenida Pico
San Clemente, CA 92672
Phone: 949-366-0199

Safari Surf School - Nosara, Costa Rica
32941 Vine Street
Temecula, CA 92592
Phone: 951-667-7726
Email: mj@safarisurfschool.com
Web: [Go To Web Site](#)

San Clemente Surf Film Workshop
202 Avenida Cabrillo
San Clemente, CA 92672
Phone: 949)492-0465
Email: laurel@sanclementefilmfestival.com
Web: [Go To Web Site](#)

San Clemente Surf School
221 Avenida Montalvo #C
San Clemente, CA 92672
Phone: 949-334-7649

Cole Surfboards

129 Calle De Los Molinos
San Clemente, CA 92672
Phone: 949 940-9044
Email: colesurf@sbcglobal.net
Web: [Go To Web Site](#)

Costa Azul Int.

689 South Coast Hwy
Laguna Beach, CA 92651
Phone: 949.497.1423
Email: rod@costaazul.net
Web: [Go To Web Site](#)

Dean Miller Surf Bedding

33511 Nancy Jane Court
Dana Point , CA 92629
Phone: (949) 545 - 6730
Email: deanmillersheets@yahoo.com
Web: [Go To Web Site](#)

Degree 33 Surfboards

7965 Silverton Ave St 1310
San Diego, CA 92126
Phone: (858) 693 3692
Email: surf@degree33.com
Web: [Go To Web Site](#)

Emerald City Surf

1118 Orange Ave.
Coronado, CA 92118
Phone: 619-435-6677
Email: info@emeraldcitysurf.com
Web: [Go To Web Site](#)

Encinitas Surfboards

107 No. Highway 101
Encinitas , CA 92024
Phone: 760-753-0506
Web: [Go To Web Site](#)

Endless Summer Adventures

2888 Mission Blvd
San Diego, CA 92109
Phone: 1-888-372-4386
Email: endlesssummeradventures@gmail.com
Web: [Go To Web Site](#)

Endless Summer Surf Camp

218 Calle De Anza
San Clemente, CA 92672
Phone: 949-498-7862
Email: info@endlesssummersurfcamp.com
Web: [Go To Web Site](#)

Envirosurfer

2463 Newport Ave.
Cardiff , CA 92007
Phone: 888-901-0114
Email: brandon@envirosurfer.com
Web: [Go To Web Site](#)

Executive Surfing Club

P. O. Box 180365
Coronado, CA 92178
Phone: 858.344.5336

Email: sandclementesurf@gmail.com

Web: [Go To Web Site](#)

San Diego Surf Lessons

732 1/2 ormond ct
San Diego , CA 92109
Phone: (858) 488-2685
Email: info@sandiegosurflessons.com
Web: [Go To Web Site](#)

San Diego Surf School

4850 Cass Street
San Diego , CA 92109
Phone: 858-205-7683
Email: info@sandiegosurfschool.com
Web: [Go To Web Site](#)

San Diego Surfing Academy

PO Box 866
Cardiff by the Sea, CA 92007
Phone: 800-447-7873
Email: info@surfingacademy.com
Web: [Go To Web Site](#)

Schmidt's Boardhouse

310 S. Twin Oaks Valley Road
San marcos , CA 92096
Phone: 760-736-8845

Sol Boarding Supply

6902 La Jolla Blvd
La jolla , CA 92037
Phone: 858-459-2594

South Bay Surf & Skate

523 Telegraph Canyon Road
Chula vista , CA 91913
Phone: 619-482-7873

South Coast Closeouts

1930 Bacon St.
San Diego, CA 92107
Phone: (619) 223-7017
Web: [Go To Web Site](#)

South Coast Longboards

5037 Newport Ave.
San Diego, CA 92107
Phone: 619-223-8808
Web: [Go To Web Site](#)

South Coast Surf Shop

5023 Newport Ave.
San Diego , CA 92107
Phone: 619-223-7017
Web: [Go To Web Site](#)

South Coast Wahines

4500 Ocean Blvd
San Diego, CA 92109
Phone: 858-273-7600
Web: [Go To Web Site](#)

South Coast Windansea

740 Felspar Suite A
San Diego, CA 92109
Phone: 858-483-7660

Email: escteacher@sbcglobal.net
Web: [Go To Web Site](#)

Fluid Surf & Sport

979 Avenida Pico
San Clemente , CA 92673
Phone: 949-366-3774

Frog House

6908 West Coast Highway
Newport beach , CA 92659
Phone: 949-642-5690
Web: [Go To Web Site](#)

Get a Life! Surf School & Lessons

700 Lido Park Dr.
NewPort, CA 92663
Phone: 949-673-4168
Email: moorecomp@hotmail.com
Web: [Go To Web Site](#)

Groundswell Surf Camps

208-B Calle De Los Molinos
San Clemente, CA 92672
Phone: (949) 361-1740
Web: [Go To Web Site](#)

Hansen Surfboards

1105 S. Coast Hwy 101
Encinitas , CA 92024
Phone: 800-480-4754
Email: cs@hansensurf.com
Web: [Go To Web Site](#)

Infinity Surf

24382 Del Prado
Dana Point , CA 92629
Phone: 949-661-6699
Email: infinsurf@aol.com
Web: [Go To Web Site](#)

Jack's Surfboards (Corona Del Mar)

900 Avocado
Corona Del Mar , CA 92660
Phone: 1.949.718.0001
Email: customer-service@jackssurfboards.com
Web: [Go To Web Site](#)

Jack's Surfboards (Dana Point)

34320 Pacific Coast Highway Suite C
Dana Point, CA 92629
Phone: 1.949.276.8080
Email: customer-service@jackssurfboards.com
Web: [Go To Web Site](#)

Jack's Surfboards (Irvine)

5581 Alton Pkwy
Irvine, CA 92618
Phone: 1.949.242.7020
Email: customer-service@jackssurfboards.com
Web: [Go To Web Site](#)

Jack's Surfboards (Newport beach)

2727 Newport Blvd.
Newport beach , CA 92663
Phone: 949-673-2300

Web: [Go To Web Site](#)

Steve Pinner Surf Instruction

1521 Neptune Ave.
Encinitas, CA 92024
Phone: 760-944-9804
Email: webmeister@cox.net
Web: [Go To Web Site](#)

Sunova Surfboards

1378 Logan Ave, Ste. B
Costa Mesa, CA 92626
Phone: 310-439-8026
Email: matthewjesef@gmail.com
Web: [Go To Web Site](#)

Surf Camp San Diego

735 santa clara place
San Diego, CA 92109
Phone: 619-819-2089
Email: surf@surfcampsandiego.com
Web: [Go To Web Site](#)

Surf Diva Surf School & Shop

2160 Avenida de la Playa
La Jolla, CA 92037
Phone: 858-454-8273
Email: askadiva@surfdiva.com
Web: [Go To Web Site](#)

Surf Hut

710 Seacoast Drive, Suite D
Imperial beach , CA 91932
Phone: 619-575-7873

Surf Lessons San Diego

732 Ormond Court
San Diego, CA 92109
Phone: (858) 605-0873
Email: surf@surflessonsandiego.com
Web: [Go To Web Site](#)

Surf Munkey

13223 Black Mtn Rd #1-226
San Diego, CA 92129
Phone: (877) 686-5397
Email: info@surfmunkey.com
Web: [Go To Web Site](#)

Surf Ride Boardshop (Oceanside)

1909 South Coast Highway
Oceanside , CA 92049
Phone: 760-433-4020
Email: info@surfride.com
Web: [Go To Web Site](#)

Surf Ride Boardshop (Solana Beach)

325 North Highway 101
Solana Beach, CA 92075
Phone: (858) 755-0858
Email: info@surfride.com
Web: [Go To Web Site](#)

Surf Ride Surf School

1609 Ord Way
Oceanside, CA 92056

Surfline's South San Diego Surf Guide

Email: customer-service@jackssurfboards.com
Web: [Go To Web Site](#)

jed nollsurfboards and gallery

1709 N, El Camino Real Ste.B
san clemente , CA 92672
Phone: 949 369 6500
Email: info@jednollsurfboards.com

K5 Surf & Sport

280 N El Camino Real
Encinitas , CA 92024
Phone: 760-436-6613

Kahuna Bob's Surf School

2526 Woodlands Way
Oceanside, CA 92054
Phone: 760 721 7700
Email: bob@kahunabob.com

Kennedy Surf Co

5265 Silkwood Drive
Oceanside, CA 92056
Phone: (949) 933-3831
Email: kennedysurfco@att.net
Web: [Go To Web Site](#)

Killer Dana Dana Point

24621 Del Prado
Dana Point, CA 92629
Phone: (949) 489-8380
Web: [Go To Web Site](#)

Laguna Surf & Sport

1088 So. Coast Highway
Laguna beach , CA 92651
Phone: 949-497-7000
Email: customerservice@surfandsport.com
Web: [Go To Web Site](#)

Laguna Surf & Sport

26741 ALISO CREEK RD #F
Aliso vejo , CA 92656
Phone: (949) 360-6495
Email: customerservice@surfandsport.com
Web: [Go To Web Site](#)

Learn to surf with Heather

1380 N Pacific St
Oceanside , CA 92058
Phone: 760-729-5482
Email: heathertpine@yahoo.com

Leucadia Surf School

North San Diego County, CA 92024
Phone: (760) 635-SURF
Email: SURF@LEUCADIASURFSCHOOL.COM
Web: [Go To Web Site](#)

Menhune Surf

7486 La Jolla Blvd 511
La Jolla, CA 92037
Phone: (858) 663-7299
Email: surf@menehunesurf.com
Web: [Go To Web Site](#)

Phone: (866) 594-7873
Email: surfschool@surfride.com
Web: [Go To Web Site](#)

Surf Savvy School

2218 Vallecitos
La Jolla, CA 92037
Phone: 858-459-4790
Web: [Go To Web Site](#)

Surf Skate Supply

510 Avenida de la Estrella
San Clemente, CA 92672
Phone: 949-369-7873
Email: info@surfskatesupply.com
Web: [Go To Web Site](#)

Surfer Girls

732 Santa Clara Place
San Diego, CA 92109
Phone: 858.427.0644
Email: info@alohasurfergirls.com
Web: [Go To Web Site](#)

Surfer Sam's World Famous Surf School

347 W. Wilson St.
Costa Mesa, CA 92627
Phone: 714-651-9851
Email: saltwatersamc@gmail.com
Web: [Go To Web Site](#)

Surfin Fire

6714 Lemon Leaf Dr.
Carlsbad, CA 92009
Phone: (760) 438-0538
Email: jp@surfinfire.com
Web: [Go To Web Site](#)

Surfindian

4652 Mission Boulevard
San Diego, CA 92109
Phone: 858-412-5334
Email: chris@surfindian.com
Web: [Go To Web Site](#)

Surfside Sports

233 East 17th St
Costa Mesa, CA 92627
Phone: (949) 645-4624
Email: customerservice@surfsidesports.com
Web: [Go To Web Site](#)

Thalia Surf Shop

915 S. Coast Hwy
Laguna Beach, CA 92651
Phone: 949-497-3292
Email: nick@thaliasurf.com
Web: [Go To Web Site](#)

The Academy by the Sea

2605 Carlsbad Blvd.
Carlsbad, CA 92008
Phone: 760-434-7564
Email: summer@abts.com
Web: [Go To Web Site](#)

Mission Bay Aquatic Center

1001 Santa Clara Place
Mission Beach, CA 92109
Phone: 8584881000
Email: mbac@sdsu.edu
Web: [Go To Web Site](#)

Mitch's Surf Shop

631 Pearl Street
La Jolla , CA 92037
Email: mitchslj@gmail.com

Momentum Surfboards

Newport Beach, CA 92660
Phone: 949.838.4537
Email: matt@momentumsurfboards.com
Web: [Go To Web Site](#)

More Waves

33791 Malaga Dr. A
Dana Point , CA 92629
Phone: 949 633 0435
Email: info@morewaves.com
Web: [Go To Web Site](#)

Newport Surf Camp

Newport Beach, CA 92627
Phone: 1-866-SURF-CAMP
Web: [Go To Web Site](#)

Newport Surf School

P.O. Box 843
Corona Del Mar, CA 92625
Phone: 949-760-1430
Email: info@newportsurfschool.com
Web: [Go To Web Site](#)

Nine Star (Mission Viejo)

27741 Crown Valley Pkwy.
Mission Viejo, CA 92691
Phone: 949-367-9993
Web: [Go To Web Site](#)

OC Surf Shop

34255 PCH Unit 112
Dana Point, CA 92629
Phone: 888-662-7477
Email: info@myocsurflesson.com
Web: [Go To Web Site](#)

Ocean Beach Surf & Skate

4976 Newport Avenue
San Diego, CA 92107
Phone: 619) 225-0674
Email: obsurfshop@yahoo.com
Web: [Go To Web Site](#)

ocean experience surf school

4881 Newport Ave.
San Diego , CA 92107
Phone: 619-225-0674
Email: OBSurfshop@yahoo.com
Web: [Go To Web Site](#)

The Green Room Surf Shop

4525 West Coast Hwy
Newport Beach, CA 92663
Phone: 949.548.3688
Web: [Go To Web Site](#)

The Next Wave - Progressive Surf

4918 Pacifica Drive
San Diego, CA 92109
Phone: 877 NXT WAVE
Email: info@nextwaveusa.com
Web: [Go To Web Site](#)

Toes On The Nose

276 South Coast Highway
Laguna beach , CA 92651
Phone: 949-494-4988
Email: toesshop@yahoo.com
Web: [Go To Web Site](#)

Trestles Surf Seconds

3011 S. El Camino Real
San clemente , CA 92673
Phone: 949-498-7474

Uncle Mike's 21-13 Surfboards

1943 S. Tremont St.
Oceanside, CA 92054
Phone: 760-721-7346
Email: Info@21-13.com
Web: [Go To Web Site](#)

Volcom presents Summer Soul Surf Camp

63 pico plaza #292
San Clemente, CA 92672
Phone: 1-800-522-1352
Email: info@summersoulsurfcamp.com
Web: [Go To Web Site](#)

Walking on Water Christian Surf Camps

5928 Balfour Ct Suite C
Carlsbad , CA 92008
Phone: 760.438.1111
Email: info@walkingonwater.com
Web: [Go To Web Site](#)

Wavelines

11658 Carmel Mnt. Rd #132
San diego , CA 92111
Phone: 858-675-9696
Email: wavelines@sbcglobal.net
Web: [Go To Web Site](#)

wbsurfing

po box 111
solana beach, ca 92075
Phone: 858 792 9486
Email: wbsurfing@gmail.com
Web: [Go To Web Site](#)

Wind an Sea Surfboards

3780 Mission Blvd.
Mission Beach, CA 92109
Phone: (858) 488-9374
Email: windanseasurfboards@hotmail.com

Oceancalls Surf Co.

300 Carlsbad Village Drive
Carlsbad , CA 92009
Phone: (760) 434-4840

Old Town Surf Company

2515 San Diego Avenue
San Diego , CA 92111
Phone: 619-574-7873

On-The-Go Travel Surf

225 Melrose Ave. #4
Encinitas, CA 92024
Phone: 858-717-0735
Email: justin@otgsurf.com
Web: [Go To Web Site](#)

Overnight Surf Camp

3969 Jewell St
San Diego , CA 92109
Phone: 877 7873101
Email: info@overnightsurfcamp.com
Web: [Go To Web Site](#)

Pacific Beach Surf School

4150 Mission Blvd. Suite 161
San Diego, CA 92109
Phone: 1.858.373.1138
Email: info@pacificbeachsurfschool.com
Web: [Go To Web Site](#)

Art Surf Shop

230 Via De Monte
Oceanside, CA 92054
Phone: 760-722-8161
Email: JAVIER@EPOXYSURFBOARDS.COM

Zig Zag Production

27071 Cabot Road, Ste# 104
Laguna Hills , CA 92653
Phone: 949-367-9191

Surf Schools

Billabong Aloha Beach Camp - San Clemente

647 Camino De Los Mares #108-202
San Clemente, CA 92673
Phone: (949)481-7222
Email: alohabeachcamp@cox.net
Web: [Go To Web Site](#)

Russell Shop

2280 Newport Blvd
Newport Beach, CA 92663
Phone: 949 673 5871
Email: russellsurfboards@gmail.com
Web: [Go To Web Site](#)

SurfRandy.com

Buckaneer Beach
Oceanside, CA 92054
Phone: 760-575-4113
Email: randy@surfandy.com
Web: [Go To Web Site](#)

Aloha School of Surfing

31306 Brooks Street
Laguna Beach, CA 92651
Phone: (949) 355-9814
Email: Jamo@AlohaSchoolofSurfing.com
Web: [Go To Web Site](#)

Asylum Surf Shop

310 Mission Ave
Oceanside, CA 92054
Phone: 7607220616

Pacific Surf School

721 Ormond Ct.
San Diego, CA 92109
Phone: 858.488.2685
Email: pacificsurf@pacificsurf.org
Web: [Go To Web Site](#)

Paddle Surf Warehouse- Dana Point

34200 Pacific Coast Hwy
Dana Point , CA 92629
Phone: 949.488.8041

Padle Surf Warehouse- Costa Mesa

643 W. 17th
Costa Mesa, CA 92626
Phone: 949.574.5897

Patagonia Cardiff

2185 San Elijo Ave
Cardiff, CA 92007
Phone: 760-634-9886
Email: store_cardiff@patagonia.com
Web: [Go To Web Site](#)

Peter Glenn Of Vermont

2700 West Coast Highway
Newport beach , CA 92659

Plumeria Surfboards

130 Aberdeen Dr.
Cardiff By The Sea, CA 92007
Phone: 760-479-0080

Email: rhodel@asylumboardshop.com

Web: [Go To Web Site](#)

BC SURF SHOP

222 N. El Camino Real
San Clemente , CA 92672

Phone: (949) 498-9085

Email: melanie@bcsurfonline.com

Web: [Go To Web Site](#)

Beach Gofers

125 S. Coast Hwy.

Oceanside , CA 92049

Phone: 760-213-2455

Becker Surfboards

927 S. Coast Highway

Encinitas, CA 92024

Phone: 760-633-1296

Email: surfboards@beckersurf.com

Web: [Go To Web Site](#)

Becker Surfboards, Inc. (Mission Viejo)

28251 Marguerite Pkwy

Mission Viejo, CA 92691

Phone: 949-364-2665

Email: surfboards@beckersurf.com

Web: [Go To Web Site](#)

Bernice Ayer Middle School Surf Club & Team

San Clemente, CA 92673

Email: GLHeinrich@capousd.org

Web: [Go To Web Site](#)

Billabong Eli Howard Surf School

P.O. Box 231741

Encinitas , CA 92023

Phone: 760-809-3069

Email: info@elihoward.com

Web: [Go To Web Site](#)

Billabong Safari Surf School

2102 sorrento dr.

Oceanside, CA 92056

Phone: 866-433-3355

Email: info@safarisurfschool.com

Web: [Go To Web Site](#)

Billabong Surfari (San Diego)

3740 Mission Boulevard

San Diego, CA 92109

Phone: 858-337-3287

Email: rick@surfarisurf.com

Web: [Go To Web Site](#)

Bob's Mission Surf

4320 Mission Blvd.

San Diego, CA 92109

Phone: (858) 483-8837

Email: info@missionsurf.com

Web: [Go To Web Site](#)

Bunker Board Shops

4050 Mission Blvd

San Diego, CA 92109

Progression Surf Shop

828 n. coast hwy. 101

leucadia, CA 92024

Phone: 760-942-2088

Email: info@progressionsurf.com

Web: [Go To Web Site](#)

Rancho Del Mar Surf Camp

P.O. Box 314

Del Mar , CA 92014

Phone: 619.507.3588

Email: seth@ranchodelmarsurfcamp.com

Web: [Go To Web Site](#)

Raw Skin Surf N' Sport

2796 Carlsbad Blvd

Carlsbad, CA 92008

Phone: 760 434-1122

Email: info@rawskinsurf.com

Web: [Go To Web Site](#)

Razor Reef

1690 Placentia Avenue Unit E

Costa Mesa, CA 92627

Phone: 949-706-9383

Email: info@razorreef.com

Web: [Go To Web Site](#)

Real Surf Shop

1101 S. Coast Hwy

Oceanside, CA 92054

Phone: (760) 754-0670

Web: [Go To Web Site](#)

Rip Curl Surf Center

3801 S. El Camino Real

San Clemente , CA 92673

Phone: 949-498-4920

Web: [Go To Web Site](#)

Ruckus Enterprises

7074 Ivey Vista Way

Oceanside, CA 92057

Phone: 310.531.2552

Email: kgustavs@ucsd.edu

Rusty Boardhouse

2170 Avenida De La Playa

La Jolla, CA 92037

Phone: 858-551-0262

Web: [Go To Web Site](#)

Rusty Surf School

Pacific Beach

San Diego, CA 92109

Phone: 858-274-1843

Web: [Go To Web Site](#)

Rusty Surfboards

201 15th Street

Del Mar , CA 92014

Phone: 858-259-3200

Email: info@rustydelmar.com

Web: [Go To Web Site](#)

Phone: 858-488-7412
Email: marciozouvi@gmail.com
Web: [Go To Web Site](#)

Carlsbad Pipelines
2975 "A" Carlsbad Blvd
Carlsbad, CA 92008
Phone: (760) 729-4423
Email: carlsbadpipelines@sbcglobal.net

Christian Overnight Surf Camp- OC
255 Oak Street
Laguna Beach, CA 92651
Phone: 949.497.5918
Email: chris@soulsurfingschool.com
Web: [Go To Web Site](#)

Clairemont Surf Shop
6393 Balboa Avenue
San diego , CA 92111
Phone: 858-292-1153
Email: clairemontsurf@sbcglobal.net
Web: [Go To Web Site](#)

Colas's Surf Camp
5404 camino Mojado
San Clemente, CA 92673
Phone: 19496361419
Email: cola4surf@yahoo.com
Web: [Go To Web Site](#)

Cole Surfboards
129 Calle De Los Molinos
San Clemente, CA 92672
Phone: 949 940-9044
Email: colesurf@sbcglobal.net
Web: [Go To Web Site](#)

Costa Azul Int.
689 South Coast Hwy
Laguna Beach, CA 92651
Phone: 949.497.1423
Email: rod@costaazul.net
Web: [Go To Web Site](#)

Dean Miller Surf Bedding
33511 Nancy Jane Court
Dana Point , CA 92629
Phone: (949) 545 - 6730
Email: deanmillersheets@yahoo.com
Web: [Go To Web Site](#)

Degree 33 Surfboards
7965 Silverton Ave St 1310
San Diego, CA 92126
Phone: (858) 693 3692
Email: surf@degree33.com
Web: [Go To Web Site](#)

Emerald City Surf
1118 Orange Ave.
Coronado, CA 92118
Phone: 619-435-6677
Email: info@emeraldcitysurf.com
Web: [Go To Web Site](#)

RW / Whitlock Surf Experience
2601 State Street
Carlsbad, CA 92008
Phone: 760-730-1678
Email: whitlocksurfexperience@hotmail.com
Web: [Go To Web Site](#)

S.C. Boardroom
415 Avenida Pico
San Clemente, CA 92672
Phone: 949-366-0199

Safari Surf School - Nosara, Costa Rica
32941 Vine Street
Temecula, CA 92592
Phone: 951-667-7726
Email: mj@safarisurfschool.com
Web: [Go To Web Site](#)

San Clemente Surf Film Workshop
202 Avenida Cabrillo
San Clemente, CA 92672
Phone: 949)492-0465
Email: laurel@sanclementefilmfestival.com
Web: [Go To Web Site](#)

San Clemente Surf School
221 Avenida Montalvo #C
San Clemente, CA 92672
Phone: 949-334-7649
Email: sanclementesurf@gmail.com
Web: [Go To Web Site](#)

San Diego Surf Lessons
732 1/2 ormond ct
San Diego , CA 92109
Phone: (858) 488-2685
Email: info@sandiegosurflessons.com
Web: [Go To Web Site](#)

San Diego Surf School
4850 Cass Street
San Diego , CA 92109
Phone: 858-205-7683
Email: info@sandiegosurfschool.com
Web: [Go To Web Site](#)

San Diego Surfing Academy
PO Box 866
Cardiff by the Sea, CA 92007
Phone: 800-447-7873
Email: info@surfingacademy.com
Web: [Go To Web Site](#)

Schmidt's Boardhouse
310 S. Twin Oaks Valley Road
San marcos , CA 92096
Phone: 760-736-8845

Sol Boarding Supply
6902 La Jolla Blvd
La jolla , CA 92037
Phone: 858-459-2594

South Bay Surf & Skate
523 Telegraph Canyon Road

Encinitas Surfboards

107 No. Highway 101
Encinitas, CA 92024
Phone: 760-753-0506
Web: [Go To Web Site](#)

Endless Summer Adventures

2888 Mission Blvd
San Diego, CA 92109
Phone: 1-888-372-4386
Email: endlesssummeradventures@gmail.com
Web: [Go To Web Site](#)

Endless Summer Surf Camp

218 Calle De Anza
San Clemente, CA 92672
Phone: 949-498-7862
Email: info@endlesssummersurfcamp.com
Web: [Go To Web Site](#)

Envirosurfer

2463 Newport Ave.
Cardiff, CA 92007
Phone: 888-901-0114
Email: brandon@envirosurfer.com
Web: [Go To Web Site](#)

Executive Surfing Club

P. O. Box 180365
Coronado, CA 92178
Phone: 858.344.5336
Email: escteacher@sbcglobal.net
Web: [Go To Web Site](#)

Fluid Surf & Sport

979 Avenida Pico
San Clemente, CA 92673
Phone: 949-366-3774

Frog House

6908 West Coast Highway
Newport beach, CA 92659
Phone: 949-642-5690
Web: [Go To Web Site](#)

Get a Life! Surf School & Lessons

700 Lido Park Dr.
NewPort, CA 92663
Phone: 949-673-4168
Email: moorecomp@hotmail.com
Web: [Go To Web Site](#)

Groundswell Surf Camps

208-B Calle De Los Molinos
San Clemente, CA 92672
Phone: (949) 361-1740
Web: [Go To Web Site](#)

Hansen Surfboards

1105 S. Coast Hwy 101
Encinitas, CA 92024
Phone: 800-480-4754
Email: cs@hansensurf.com
Web: [Go To Web Site](#)

Infinity Surf

24382 Del Prado

Chula vista, CA 91913
Phone: 619-482-7873

South Coast Closeouts

1930 Bacon St.
San Diego, CA 92107
Phone: (619) 223-7017
Web: [Go To Web Site](#)

South Coast Longboards

5037 Newport Ave.
San Diego, CA 92107
Phone: 619-223-8808
Web: [Go To Web Site](#)

South Coast Surf Shop

5023 Newport Ave.
San Diego, CA 92107
Phone: 619-223-7017
Web: [Go To Web Site](#)

South Coast Wahines

4500 Ocean Blvd
San Diego, CA 92109
Phone: 858-273-7600
Web: [Go To Web Site](#)

South Coast Windansea

740 Felspar Suite A
San Diego, CA 92109
Phone: 858-483-7660
Web: [Go To Web Site](#)

Steve Pinner Surf Instruction

1521 Neptune Ave.
Encinitas, CA 92024
Phone: 760-944-9804
Email: webmeister@cox.net
Web: [Go To Web Site](#)

Sunova Surfboards

1378 Logan Ave, Ste. B
Costa Mesa, CA 92626
Phone: 310-439-8026
Email: matthewjesef@gmail.com
Web: [Go To Web Site](#)

Surf Camp San Diego

735 santa clara place
San Diego, CA 92109
Phone: 619-819-2089
Email: surf@surfcampsandiego.com
Web: [Go To Web Site](#)

Surf Diva Surf School & Shop

2160 Avenida de la Playa
La Jolla, CA 92037
Phone: 858-454-8273
Email: askadiva@surfdiva.com
Web: [Go To Web Site](#)

Surf Hut

710 Seacoast Drive, Suite D
Imperial beach, CA 91932
Phone: 619-575-7873

Dana Point , CA 92629
Phone: 949-661-6699
Email: infinsurf@aol.com
Web: [Go To Web Site](#)

Jack's Surfboards (Corona Del Mar)

900 Avocado
Corona Del Mar , CA 92660
Phone: 1.949.718.0001
Email: customer-service@jackssurfboards.com
Web: [Go To Web Site](#)

Jack's Surfboards (Dana Point)

34320 Pacific Coast Highway Suite C
Dana Point, CA 92629
Phone: 1.949.276.8080
Email: customer-service@jackssurfboards.com
Web: [Go To Web Site](#)

Jack's Surfboards (Irvine)

5581 Alton Pkwy
Irvine, CA 92618
Phone: 1.949.242.7020
Email: customer-service@jackssurfboards.com
Web: [Go To Web Site](#)

Jack's Surfboards (Newport beach)

2727 Newport Blvd.
Newport beach , CA 92663
Phone: 949-673-2300
Email: customer-service@jackssurfboards.com
Web: [Go To Web Site](#)

jed nollsurfboards and gallery

1709 N, El Camino Real Ste.B
san clemente , CA 92672
Phone: 949 369 6500
Email: info@jednollsurfboards.com

K5 Surf & Sport

280 N El Camino Real
Encinitas , CA 92024
Phone: 760-436-6613

Kahuna Bob's Surf School

2526 Woodlands Way
Oceanside, CA 92054
Phone: 760 721 7700
Email: bob@kahunabob.com

Kennedy Surf Co

5265 Silkwood Drive
Oceanside, CA 92056
Phone: (949) 933-3831
Email: kennedysurfco@att.net
Web: [Go To Web Site](#)

Killer Dana Dana Point

24621 Del Prado
Dana Point, CA 92629
Phone: (949) 489-8380
Web: [Go To Web Site](#)

Laguna Surf & Sport

1088 So. Coast Highway
Laguna beach , CA 92651

Surf Lessons San Diego

732 Ormond Court
San Diego, CA 92109
Phone: (858) 605-0873
Email: surf@surflessonsandiego.com
Web: [Go To Web Site](#)

Surf Munkey

13223 Black Mtn Rd #1-226
San Diego, CA 92129
Phone: (877) 686-5397
Email: info@surfmunkey.com
Web: [Go To Web Site](#)

Surf Ride Boardshop (Oceanside)

1909 South Coast Highway
Oceanside , CA 92049
Phone: 760-433-4020
Email: info@surfride.com
Web: [Go To Web Site](#)

Surf Ride Boardshop (Solana Beach)

325 North Highway 101
Solana Beach, CA 92075
Phone: (858) 755-0858
Email: info@surfride.com
Web: [Go To Web Site](#)

Surf Ride Surf School

1609 Ord Way
Oceanside, CA 92056
Phone: (866) 594-7873
Email: surfschool@surfride.com
Web: [Go To Web Site](#)

Surf Savvy School

2218 Vallecitos
La Jolla, CA 92037
Phone: 858-459-4790
Web: [Go To Web Site](#)

Surf Skate Supply

510 Avenida de la Estrella
San Clemente, CA 92672
Phone: 949-369-7873
Email: info@surfskatesupply.com
Web: [Go To Web Site](#)

Surfer Girls

732 Santa Clara Place
San Diego, CA 92109
Phone: 858.427.0644
Email: info@alohasurfergirls.com
Web: [Go To Web Site](#)

Surfer Sam's World Famous Surf School

347 W. Wilson St.
Costa Mesa, CA 92627
Phone: 714-651-9851
Email: saltwatersamc@gmail.com
Web: [Go To Web Site](#)

Surfin Fire

6714 Lemon Leaf Dr.
Carlsbad, CA 92009
Phone: (760) 438-0538
Email: ip@surfinfire.com

Surflines South San Diego Surf Guide

Phone: 949-497-7000
Email: customerservice@surfandsport.com
Web: [Go To Web Site](#)

Laguna Surf & Sport
26741 ALISO CREEK RD #F
Aliso Viejo, CA 92656
Phone: (949) 360-6495
Email: customerservice@surfandsport.com
Web: [Go To Web Site](#)

Learn to surf with Heather
1380 N Pacific St
Oceanside, CA 92058
Phone: 760-729-5482
Email: heathertpine@yahoo.com

Leucadia Surf School

North San Diego County, CA 92024
Phone: (760) 635-SURF
Email: SURF@LEUCADIASURFSCHOOL.COM
Web: [Go To Web Site](#)

Menhune Surf
7486 La Jolla Blvd 511
La Jolla, CA 92037
Phone: (858) 663-7299
Email: surf@menehunesurf.com
Web: [Go To Web Site](#)

Mission Bay Aquatic Center
1001 Santa Clara Place
Mission Beach, CA 92109
Phone: 858-488-1000
Email: mbac@sdsu.edu
Web: [Go To Web Site](#)

Mitch's Surf Shop
631 Pearl Street
La Jolla, CA 92037
Email: mitchslj@gmail.com

Momentum Surfboards

Newport Beach, CA 92660
Phone: 949.838.4537
Email: matt@momentumsurfboards.com
Web: [Go To Web Site](#)

More Waves
33791 Malaga Dr. A
Dana Point, CA 92629
Phone: 949 633 0435
Email: info@morewaves.com
Web: [Go To Web Site](#)

Newport Surf Camp

Newport Beach, CA 92627
Phone: 1-866-SURF-CAMP
Web: [Go To Web Site](#)

Newport Surf School
P.O. Box 843
Corona Del Mar, CA 92625

Web: [Go To Web Site](#)

Surfindian

4652 Mission Boulevard
San Diego, CA 92109
Phone: 858-412-5334
Email: chris@surfindian.com
Web: [Go To Web Site](#)

Surfside Sports

233 East 17th St
Costa Mesa, CA 92627
Phone: (949) 645-4624
Email: customerservice@surfsidesports.com
Web: [Go To Web Site](#)

Thalia Surf Shop

915 S. Coast Hwy
Laguna Beach, CA 92651
Phone: 949-497-3292
Email: nick@thaliasurf.com
Web: [Go To Web Site](#)

The Academy by the Sea

2605 Carlsbad Blvd.
Carlsbad, CA 92008
Phone: 760-434-7564
Email: summer@abts.com
Web: [Go To Web Site](#)

The Green Room Surf Shop

4525 West Coast Hwy
Newport Beach, CA 92663
Phone: 949.548.3688
Web: [Go To Web Site](#)

The Next Wave - Progressive Surf

4918 Pacifica Drive
San Diego, CA 92109
Phone: 877 NXT WAVE
Email: info@nextwaveusa.com
Web: [Go To Web Site](#)

Toes On The Nose

276 South Coast Highway
Laguna beach, CA 92651
Phone: 949-494-4988
Email: toesshop@yahoo.com
Web: [Go To Web Site](#)

Trestles Surf Seconds

3011 S. El Camino Real
San Clemente, CA 92673
Phone: 949-498-7474

Uncle Mike's 21-13 Surfboards

1943 S. Tremont St.
Oceanside, CA 92054
Phone: 760-721-7346
Email: Info@21-13.com
Web: [Go To Web Site](#)

Volcom presents Summer Soul Surf Camp

63 pico plaza #292
San Clemente, CA 92672
Phone: 1-800-522-1352

Surfline's South San Diego Surf Guide

Phone: 949-760-1430
Email: info@newportsurfschool.com
Web: [Go To Web Site](#)

Nine Star (Mission Viejo)

27741 Crown Valley Pkwy.
Mission Viejo, CA 92691
Phone: 949-367-9993
Web: [Go To Web Site](#)

OC Surf Shop

34255 PCH Unit 112
Dana Point, CA 92629
Phone: 888-662-7477
Email: info@myocsurflesson.com
Web: [Go To Web Site](#)

Ocean Beach Surf & Skate

4976 Newport Avenue
San Diego, CA 92107
Phone: 619) 225-0674
Email: obsurfshop@yahoo.com
Web: [Go To Web Site](#)

ocean experience surf school

4881 Newport Ave.
San Diego , CA 92107
Phone: 619-225-0674
Email: OBsurfshop@yahoo.com
Web: [Go To Web Site](#)

Oceancalls Surf Co.

300 Carlsbad Village Drive
Carlsbad , CA 92009
Phone: (760) 434-4840

Old Town Surf Company

2515 San Diego Avenue
San Diego , CA 92111
Phone: 619-574-7873

On-The-Go Travel Surf

225 Melrose Ave. #4
Encinitas, CA 92024
Phone: 858-717-0735
Email: justin@otgsurf.com
Web: [Go To Web Site](#)

Overnight Surf Camp

3969 jewell st
san diego , CA 92109
Phone: 877 7873101
Email: info@overnightsurfcamp.com
Web: [Go To Web Site](#)

Pacific Beach Surf School

4150 Mission Blvd. Suite 161
San Diego, CA 92109
Phone: 1.858.373.1138
Email: info@pacificbeachsurfschool.com
Web: [Go To Web Site](#)

Email: info@summersoulsurfcamp.com
Web: [Go To Web Site](#)

Walking on Water Christian Surf Camps

5928 Balfour Ct Suite C
Carlsbad , CA 92008
Phone: 760.438.1111
Email: info@walkingonwater.com
Web: [Go To Web Site](#)

Wavelines

11658 Carmel Mnt. Rd #132
San diego , CA 92111
Phone: 858-675-9696
Email: wavelines@sbcglobal.net
Web: [Go To Web Site](#)

wbsurfing

po box 111
solana beach, ca 92075
Phone: 858 792 9486
Email: wbsurfing@gmail.com
Web: [Go To Web Site](#)

Wind an Sea Surfboards

3780 Mission Blvd.
Mission Beach, CA 92109
Phone: (858) 488-9374
Email: windanseasurfboards@hotmail.com

XTR Surf Ship

230 Via De Momte
Oceanside, ca 92054
Phone: 760-722-8161
Email: JAVIER@EPOXYSURFBOARDS.COM

Zig Zag Production

27071 Cabot Road, Ste# 104
Laguna hills , CA 92653
Phone: 949-367-9191

Surflines Tips And Tricks

What is LOLA anyway?

LOLA is Surflines computer modeling software that is the engine behind all of the great forecasting products on Surflines. With the growth of the Internet, users have many choices for surf and weather information but most swell models and ocean related products are tailored for boating and marine interests - not for surfers. Surflines decided to build our own custom swell models and other forecasting products to be specifically tailored for surfers.

Our LOLA Global Swell Model uses the NOAA's Wavewatch III software, and we run these models in-house after inputting our own blend of wind information and other data to create LOLA's unique wave information. Running our own models at Surflines allows us to monitor the details of all swells at the highest possible resolution everywhere in the world, and allows LOLA to analyze each swell independently for the most accurate surf forecasting.

LOLA's Nearshore Model also calculates nearshore wave heights all along the coast after the affects of local bathymetry and other variables that can greatly modify the offshore swell transitioning into nearshore swell. Other great LOLA products include Custom Surf Alerts, real-time buoy analysis, special swell tracking charts, and much more. Additional information about LOLA products and services are below.

KNOW YOUR SPOTS - Before we even consider using the Surflines forecast or other LOLA tools to score good surf, we need to know what to look for. We need to understand what kinds of swells and conditions favor the spots we want to surf. Every single surf spot has a "sweet zone" for swell-what it likes to create really good waves. It may be a specific swell direction within a few degrees, it may be a certain size or it may be a specific swell period interacting with the ocean floor bathymetry-but it's usually a combination of all of the above. Add to that the variation of tide and wind, and we literally have hundreds of different variables to calculate. But that's part of the magic of surfing and why good waves are so fleeting and hard to find. And it keeps us passionate about finding them.

For us to identify the Perfect Swell for our spot in the future, we need to learn everything we can about our spot on a "good" day to use as a reference. That "good" day might be today, a special day last week or even an epic day last year. When we happen to roll up on a "good" day, we need to do a little research. We need to observe the swell direction and best wave size, use a watch to time the swell period between successive waves at the spot, look at the tide, the wind, any additional swell directions that might be combining to create special waves and anything else that might be a contributing factor to the good surf.

Next, go to Surflines.com and review the current forecast information to learn all we can about the swell and the originating storm. Especially important information to consider is the LOLA swell model and buoy information for the local area to note the swell direction, size, and the swell period. Another good tip is to look at the past Surflines charts to try to identify the exact location of the storm that generated the swell. If the "good" day we're researching isn't today, but actually sometime over the last year, we can also go to the LOLA Archives on Surflines.com to retrieve the past swell and buoy information for that specific day. And then we write it all down. Now we know what to look for. And by monitoring the Surflines forecasts and LOLA, or by setting up a custom Surf Alerts, we'll know exactly when to expect another Perfect Swell.

WANT A FORECAST OF SURF AND CONDITIONS FOR TODAY, TOMORROW, OR NEXT WEEK?

The Surflines Forecast - Tell me when the swell is coming, how big it will be, and where the best waves will be. That's all most surfers want to know. The Surflines forecast does exactly that, but only after our forecast team analyzes a huge amount of information and then condenses it into a simple and easy to understand format. This is a detailed 7-10 Day regional surf forecast after reviewing all of the data, models, and information relative to the surfing conditions for the local region, developed by the most experienced surf forecast team in the world.

3-Day LOLA Surf Spot Forecasts - LOLA model surf forecasts for each surf spot within the region with calculated surf heights, swell directions and periods, and wind information over the next three days.

4-Day Nearshore model - Surflines unique local wave model that calculates the nearshore wave heights everywhere along the coast after the interaction of the incoming swell with the ocean floor, local points of land, and offshore islands. Depending on the swell direction, period, and local bathymetry, wave heights can have huge local variations along the coast.

7-Day LOLA Dashboard - Surflines regional LOLA swell model forecast that displays very detailed information about the surf heights and every independent swell due to arrive in the specific region over the next 7 days, as well as the local winds, tides, and weather. This 7-Day forecast will be the most up-to-date product in some areas where we may not have a Surflines forecast.

14-Day LOLA Forecast - Surflines "forward looking" LOLA product that uses current and extended prognosis data to compile a virtual forecast for a specific region that extends out 14 days. This information is often based on

Surflines South San Diego Surf Guide

forecasted wind information in a future storm, which may not have even happened at the time of the forecast and is a great tool to follow and plan your calendar around future swells.

WANT TO BE ALERTED WHEN SURF AND CONDITIONS ARE FORECASTED TO MEET YOUR SET CRITERIA FOR YOUR FAVORITE BREAK?

Custom Surf Alerts - Set up your own Surf Alerts for any of the thousands of surf spots throughout the world on Surflines. Users can develop their own custom criteria for LOLA forecasted surf and swell heights, swell directions, periods, wind speed and directions, etc. Set it up to email or text you daily or up to 5 days in advance when your criteria is met.

WANT ADVANCED FORECASTING TOOLS TO FIND MORE INFORMATION OR TO CREATE YOUR OWN FORECASTS?

LOLA Real-Time Buoys - A unique buoy analysis software that monitors the real-time data from NOAA, CDIP, and other buoys. This product offers a higher resolution look inside of the typical significant wave height (SWH) report and analyzes all of the separate swells at the buoy location, into independent swell heights, directions, and swell periods. This is a Surflines proprietary product that is mandatory when using the buoys to accurately forecast the amount of swell that will reach the coast. Other buoy products typically only report a single significant wave height (SWH) at the buoy so we can't see all the different swells. A regional buoy summary with all of the swell breakdowns for each buoy is also available.

LOLA Virtual Buoys - Virtual Buoys (not real buoys) in 25,000 fixed coastal locations around the world using the LOLA Global Swell Model offering a detailed 7-Day surf, swell, and wind forecast for that location. Many other additional products are linked to each Virtual Buoy location like swell tracking charts, weather and wind information, water temperatures, and much more.

Custom Forecasts (Global Swell Tracker) - Using a Google Map interface a user can click on any point on Earth to develop a detailed 7-Day surf, swell, and wind forecast for that location. All of the additional Virtual Buoy products above will also be available for your custom location. A great tool for your secret out of the way locations.

LOLA Surflines Charts - These are swell tracking charts for specific local regions around the world that monitor storm and swell activity aimed for that specific location. These charts are an advanced forecasting product that many surfers like to use to formulate their own personal swell calculations to compare with the other forecasting products.

HurricaneTrak - The ultimate hurricane tracking tool for surfers using the power of LOLA within a Google map interface. You can zoom in and out of storms, display various layers of forecast information, and use rulers to see precisely where the storm is going and when the waves will arrive. Remember a great swell from a past hurricane? HurricaneTrak archives also allow users to compare hurricane tracks all the way back to the 1800's!

A SPECIAL NOTE ABOUT FORECASTS, MODELS, AND SMOOTHIES

Models are similar to blenders. If we want to make a smoothie, we add all kinds of fruit, juice, and other great things into the blender to create our smoothie. If we add something that is rotten, we'll get a rotten smoothie. The same goes for models. Bad data in, bad data out, and we'll get a rotten forecast. As we know, wave generation is entirely dependent on the winds, and calculating the exact wind velocities, directions, and durations everywhere across the ocean is still an advancing science. Sometimes the wind data is wrong, and if we always had perfect winds the models would probably never miss a forecast.

One advantage of surf forecasting versus other types of forecasting is the final result will always be the true measure of a forecast's accuracy. The final swell size, direction, and swell period will all be clues to backtrack and confirm how accurate the original storm wind data was that was entered into the model. This method of validation allows us to tweak our LOLA models for better accuracy going forward. Also using real-time data from satellites and buoys, we can adjust the LOLA models on the fly to correct the forecasts immediately and long before the swell arrives.

But models can still be wrong from time to time, or they can produce conflicting information between models. And sometimes there are simply things that we as forecasters can see in the charts or other data that can't be clearly expressed in a model. As a result, the Surflines Forecast should always be viewed as the final word because it takes into account all of the variables, including the times when the models may be spitting out something that looks a little rotten.

MORE INFORMATION

For more info about waves, swell and wind, check out our [SURFOLOGY 101](#) section online.

South San Diego Related Content

USER GENERATED LOCAL PHOTOS

[More Local Photos](#) | [Upload Your Own Photos](#)

USER GENERATED LOCAL VIDEO



GOPR1174.MP4



GOPR1174.MP4



GOPR1174.MP4

[More Local Videos](#) | [Upload Your Own YouTube](#) or [Vimeo](#) Videos

LOCAL EVENTS

- 04/02/11 - - ["Hang Together" Benefit For Japan @ Surfindian 4652 Mission Blvd Pacific Beach, CA](#)
- 03/02/11
- 04/13/11 - - [Pro Peninsula Invites you to SYRCL's Wild & Scenic Environmental Film 4/13/11](#)
- 04/21/11 - - [Drop Zone: Fiji Film Premiere at San Diego State](#)

[More Local Events](#) | [Upload A Local Event](#)

RELATED SURFLINE SURF NEWS

[BROTHER: TAKE TWO](#)

(03/27) Kolohe Andino wins Vans Pier Classic + Vans Pro Junior in peaky HB

[SPOT CHECK: SALT CREEK](#)

(03/27) Checking in at Orange County's popular, punchy beachbreak

[More Surf News](#)

RELATED SURFLINE VIDEO

[SAN DIEGO JEWELS](#)

(11/22) An artsy edit of Taylor Clark, Brett Jones, Nathaniel Curren, and more

[STOKED AND BROKE](#)

(08/30) A staycation surfari epic on zero dollars

[More Videos](#)

Whether you're heading here for the first time on a trip or are a longtime local, below you'll find some other useful Surflines content on this surf zone. We're always stoked when users upload regional photos and videos -- and you're also encouraged to submit a [Tripwire](#) from the road or when you make it back home.

Surflines Etiquette: The Bill Of Lefts And Rights

10 Rules to Travel and Surf By

1. Pick the right surfing spots for your ability and attitude. We need to be honest with ourselves about our ability, and our intentions.
2. Don't drop in on or snake your fellow surfer. In other words, do not catch a wave once another surfer has caught it by being in a deeper or more effective position at takeoff than you.
3. When paddling out to or within a break, it's your responsibility to stay out of the way of riders on waves. Once a rider has selected and caught a wave, all other surfers should do their best not to interfere with his or her enjoyment of the wave.
4. Learn to take turns. We all want it for ourselves. But we're not alone, which means sharing the wave-catching opportunities. Give someone a wave and help to create a positive vibe in the lineup.
5. In any surf session, respect the pre-existing vibe in the lineup. This holds true no matter your status, equipment or ability level. Take your time and let a few waves go by to ease into the rotation and the mindset of the other surfers.
6. Always aid another surfer in trouble. But don't put yourself in a situation over your head. Two surfers in need of help are in much worse a state than one.
7. When traveling, always respect the local surfers and their rights and customs, without forfeiting your own right to a wave. Take your time. Avoid traveling in large numbers and try to time your sessions when the crowd may lighten up. Let the locals set the pace.
8. Do not use your surfing advantages to abuse fellow surfers. This includes advantages such as surfboard length, surfing fitness and skill, local knowledge and authority, and (lamest of all) physical aggression and strength.
9. At all times be responsible for your equipment and respectful of others'. A surfboard can be very dangerous to its owner and other surfers, so take care anytime you bail your board.
10. Relax and enjoy your surfing and that of your fellow surfer. The presence of others in the water is an ongoing fact of life in lineups worldwide. Accepting this is the key to a healthy, flexible attitude in the water. More than anything else, crowd tensions in the surf can be eased by our individual ability to flow through situations and react positively when it's needed. Above all else, smile...

For the complete Bill of Rights and Lefts, go to surflines.com/surfology