



Surfliner's
North San Diego
Surf Guide

Purchased: 03/31/11

Surfliner
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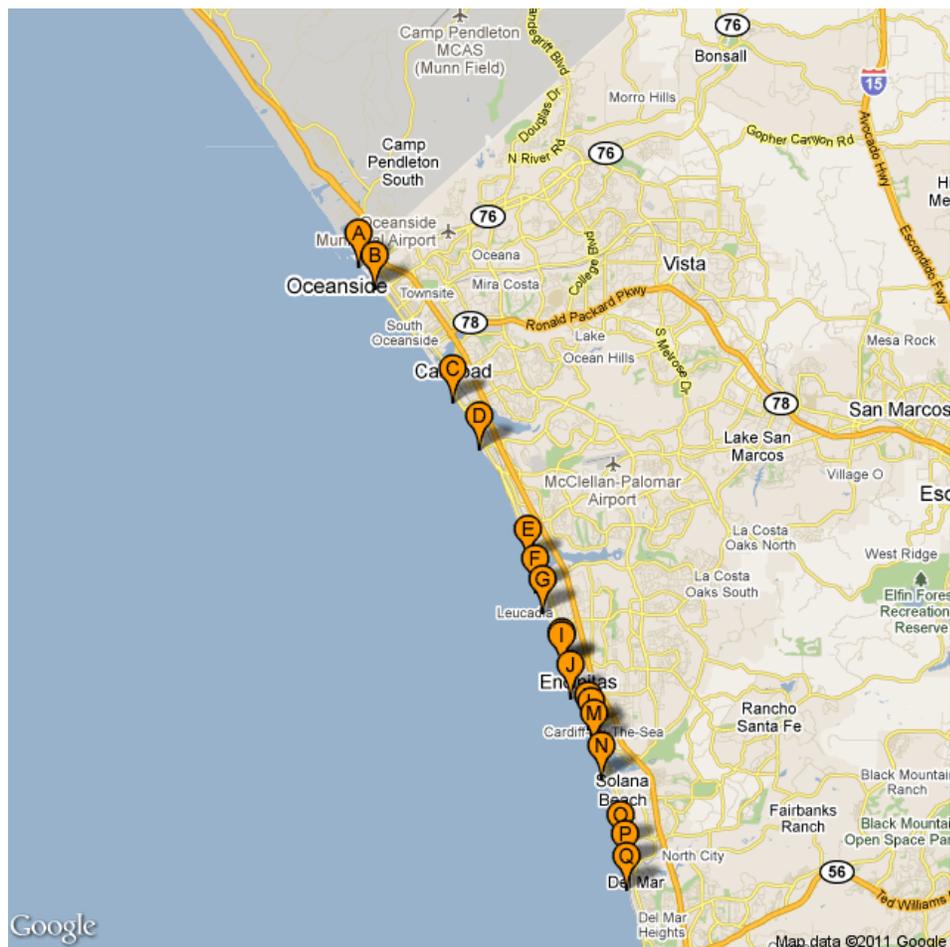
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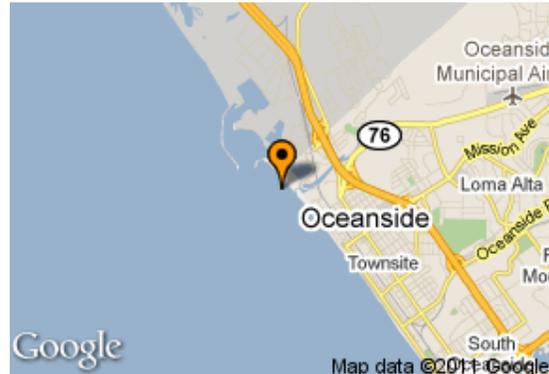
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North San Diego Map



- | | |
|----------------------------------|-------------------------------|
| A - Oceanside North Jetty | J - Swami's |
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| D - Terra Mar Point | M - Cardiff |
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Oceanside North Jetty



Need more detail? [View this map online](#)

Description

Although the butt of San Diego County rests on the most heavily crossed border in the world, many San Diegans have long considered their frontline to be Camp Pendleton in the north. This line of defense isn't held against any third-world nation, but a first. The 17 miles of softly trodden coast between Trestles -- which is technically just inside the San Diego county line -- and Oceanside is said to be the only break in the string of stucco strip malls and planned communities that would someday have stretched from Oxnard to Tijuana. Whether an actual, or just emotional, defense, these miles of coast are imagined to have held the garishness of Orange and L.A. counties at bay.

Oceanside, the northernmost coastal city in San Diego County, has carried the weight of Camp Pendleton for almost a century. Its main drag caters to hot-rodding Marines and inland tourists. There are car dealerships, motorcycle dealerships, watercraft dealerships, head shops, \$5 barbershop specials, Angelo's, Roberto's, Alberto's, Robertito's, Anita's, a bowling alley and a Dairy Queen. Add to this a mixed civilian population, including a large community of South Pacific Islanders, and you get a beach town as interesting as its surf is consistent. Many of its attributes would be foreboding of the region's character if it weren't for Oceanside's enduring, po-dunk charm. And, despite its burdens and reputation as a rough town, Oceanside is easily one of the most livable surf communities in the county.

Although sandbars move and shift along this stretch continually, there are consistent breaks on the north end at the harbor's north and south jetties, and on both sides of the pier. These spots will most often have a crew of surfers on them, but, on better days, the peaks up and down the beach will be just as good. Oceanside is angled to receive southwest swells more readily than the beaches of central San Diego County, and, during southwest swells, it attracts surfers from all parts of SD. From the Interstate 5, take Mission Avenue west until you run into the beach. Take Pacific Street north to the harbor, or south for plenty of parking and easy access to the pier.

More Oceanside North Jetty Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:
medium

Best Swell Direction:
SSW, SW, W, WNW. Hurricane SSE swells will here. Combo of North and South Hemi swells are best.

Best Size:
2 to 8 feet

Best Wind:
E

Perfect-O-Meter:
3 to 7 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:
sand

Ability Level:
beginner to advanced

Bring Your:
shortboard, longboard, crew cut

Best Season:
year-round

Access:
Exit Oceanside Harbor off the I5, cruise west to the beach.

Crowd Factor:
medium

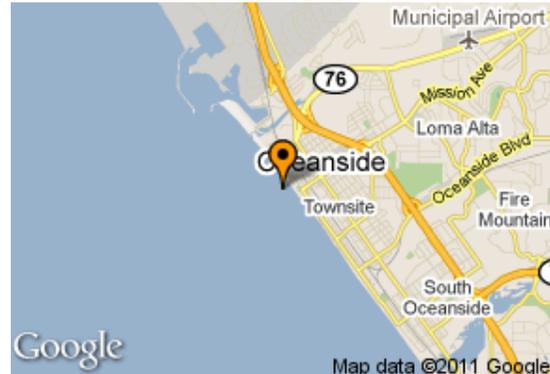
Local Vibe:
proud but tolerant

Bicep Burn:
4 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:
2; but a 6 to 10 by South Jetty after a rain (1=clean; 10=turds in the lineup)

Hazards:
Low tide suck-outs, rain runoff, bad long-shore currents, boats getting clocked by sets at the harbor entrance

Oceanside Pier NS



Need more detail? [View this map online](#)

Description

Although the butt of San Diego County rests on the most heavily crossed border in the world, many San Diegans have long considered their frontline to be Camp Pendleton in the north. This line of defense isn't held against any third-world nation, but a first. The 17 miles of softly trodden coast between Trestles -- which is technically just inside the San Diego county line -- and Oceanside is said to be the only break in the string of stucco strip malls and planned communities that would someday have stretched from Oxnard to Tijuana. Whether an actual, or just emotional, defense, these miles of coast are imagined to have held the garishness of Orange and L.A. counties at bay.

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More Oceanside Pier NS Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:
medium

Best Swell Direction:
SSW, SW, W, WNW. Hurricane SSE swells will be here. Combo of North and South Hemi swells are best.

Best Size:
2 to 8 feet

Best Wind:
E

Perfect-O-Meter:
3 to 7 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:
sand, jetties, pier

Ability Level:
beginner to advanced

Bring Your:
shortboard, longboard, crew cut

Best Season:
year-round

Access:
Exit Oceanside Harbor off the I5, cruise west to the beach.

Crowd Factor:
medium

Local Vibe:
proud but tolerant

Bicep Burn:
4 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:
2; but a 6 to 10 by South Jetty after a rain (1=clean; 10=turds in the lineup)

Hazards:
Low tide suck-outs, rain runoff, bad long-shore currents, boats getting clocked by sets at the harbor entrance

Tamarack



Need more detail? [View this map online](#)

Description

Most of San Diego lies dormant throughout the long summer months, as south swells march straight past and along to the beaches farther north. Carlsbad is situated right on the cutoff point for south swell retrieval. It is a welcome relief for San Diegans tired of surfing the meager surf we receive throughout June, July and August. The city stretches for six miles along the coast, and, unlike most cities in North County, virtually all of the coastline is accessible.

Carlsbad is sandwiched between two exceptionally different towns. Oceanside, to the north, is a military community, while Leucadia, to the south, is alternately affluent and hippy-esque. Carlsbad serves as a transition between the two, and one end of the city is quite different from the other. You may not see hundreds of Marines walking the streets of North Carlsbad, but you probably wouldn't have any trouble finding a barber with special \$5 haircuts for military personnel.

The beaches throughout Carlsbad are mostly unimpressive beachbreaks, with the exception of a few quality spots. If it weren't for man-made jetties and rivermouths, Carlsbad would be nothing but a six-mile expanse of closed-out garbage. Luckily, our tax dollars went toward a few adjustments to the coast, which have benefited surfers immensely.

Tamarack State Park is located at the foot of Tamarack Avenue, which is nothing more than a parking lot right on the beach. Peaks form just to the north of the small river, which provides enough water movement to create some decent sandbars. Conditions vary greatly here with tide and swell, but it's best with a medium tide and a south swell less than 6 feet. While Tamarack doesn't often see perfectly lined-up waves, it does offer plenty of fun, shifting peaks that seem to have some kind of lip to destroy. With a larger swell, a right-hander begins to break off the south side of the river. The takeoff zone is between the two jetties, and the right wraps into the beach around the southern jetty. A lower tide is best on this side.

More Tamarack Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:
low to mid

Best Swell Direction:
WNW, W, SW, SSW; most South swells will miss

Best Size:
1 to 6 feet

Best Wind:
E, NE

Perfect-O-Meter:
4 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:
beachbreak/reef

Ability Level:
first-timer to advanced

Bring Your:
anything that floats

Best Season:
year-round

Access:
Take Tamarack Avenue to the beach.
There's a parking lot in front of the break.

Crowd Factor:
mellow to a few hassles

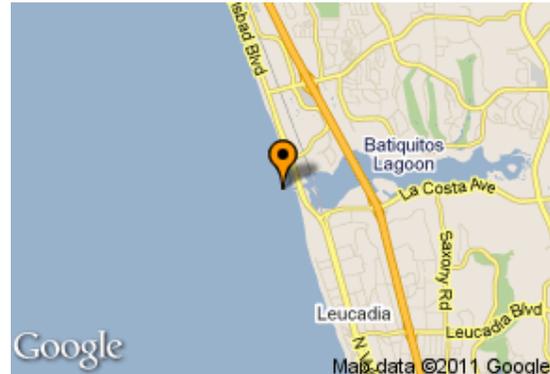
Local Vibe:
very little

Bicep Burn:
5 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:
4 (1=clean; 10=turds in the lineup)

Hazards:
Some car rip-offs in the parking lot

Ponto



Need more detail? [View this map online](#)

Description

For years, this stretch of sand in South Carlsbad was indecipherable from the miles of other average beachbreak in the area. But, as some spots fade into obscurity over the years, others rise to center stage. Ponto -- thought to have derived from a mispronunciation of the Spanish *punto*, or "point" -- is one case where the Army Corps of Engineers have done some good for the area's surfers. A few years ago, when they decided that the Batiquitos Lagoon needed to be opened up on a permanent basis, they constructed two large jetties that, since then, have proven to be a virtual sandbar factory. The word's definitely caught on over time, however, so a newly formed bank doesn't stay secret for long.

Ponto breaks year-round, with rights funneling off the south jetty during the winter and lefts reeling off the north jetty during the summer. Since the lagoon is constantly flowing, watch for a nasty rip that'll suck you out to sea before you have time to adjust the zipper on your wetsuit. And, with every wave you catch that doesn't morph into a worthless closeout, thank the Corps for a job well done.

More Ponto Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:

low to medium

Best Swell Direction:

W, NW, SW

Best Size:

2 to 8 feet

Best Wind:

none or E

Perfect-O-Meter:

5 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:

sand, jetty

Ability Level:

average joe to advanced

Bring Your:

shortboard

Best Season:

year-round

Access:

Easy.

Crowd Factor:

average to heavy

Local Vibe:

thankful and competitive

Bicep Burn:

4 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:

4 (1=clean; 10=turds in the lineup)

Hazards:

The rip on the dropping tide

Swami's



Need more detail? [View this map online](#)

Description

When the Eiffel Tower was first constructed, Parisians hoped the ugly thing would be torn down directly after the International Exposition of 1889. Today, it's the most distinguishable architecture in Europe. In the way that communities come to embrace out-of-place constructions, the turbaned Self-Realization Fellowship, built for Swami Paramahansa Yogananda in 1937 in Encinitas, has come to represent the reef point it overlooks. The right point, a rarity in San Diego, seems to cap off the series of happy-go-lucky reefbreaks south of it before the beachbreaks of Encinitas begin. The wave needs a decent swell to show a hint of its potential, but it's generally the daily hub of North County surfing during the winter months. To get to Swami's, use the Encinitas Boulevard exit off of the I5 freeway coming from the north, and the Birmingham exit from the south. Then, head west to PCH, and look for the gold domes atop the Fellowship's walls.

The attitude in the car park reflects that of most of northern San Diego: laid back. Many of the surfers here have been surfing the spot for their entire surfing lives, and a fairly tight brotherhood exists among those who have put in the time. That is not to say that there is an unfriendly vibe in the water; it's just that the same group of guys seem to be in position each time a good set rolls through. Most of these regulars are riding boards more than 8 feet in length, so they have one hell of an advantage over those of us on 6'3"s.

On crowded days, even the most skilled shortboarders find themselves battling for leftovers on the inside, while the established crew has its way on the outside. This is not necessarily a bad thing, being that the smaller waves are usually steeper and offer a couple of bowl sections. Pretty much any wave at Swami's is a good wave, and a rider is guaranteed at least one or two sections to hit even on the worst of days. The drop is generally mellow, and then the wave races across a shallow ledge on the inside until it eventually hits a huge channel. The channel is actually so large that no other waves break for about a quarter of a mile to the south. Depending on the tide, the wave breaks with varying degrees of steepness. Obviously, lower tides make for the speediest waves. There is a short left that can be surfed if you are getting so shut down on the right that you need something just to keep the blood flowing. If this is the case, paddle deeper than the rest of the pack and sneak off to the left. Swami's can handle as big a swell as the Pacific cares to throw its way, and gets better as the size increases.

The parking lot fills up quickly on the weekends or during any real swell. It is possible to park alongside the highway just south of the entrance to Swami's and walk back to the stairway in front of the car park. The people milling around in the lot can be almost as interesting

Best Tide:
low to mid

Best Swell Direction:
W, NW (15 seconds or under)

Best Size:
2 to 12 feet+

Best Wind:
calm or E

Perfect-O-Meter:
9 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:
Right-reef point

Ability Level:
average to top pro

Bring Your:
high-performance shortboard, longboard, gun, turban

Best Season:
winter

Access:
Look for the gold domes.

Crowd Factor:
hideous to unbearable

Local Vibe:
a bunch of snake charmers -- "Dude, I didn't see you!"

Bicep Burn:
7 -- it's a long way back after a good ride.
(1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:
1 (1=clean; 10=turds in the lineup)

Hazards:
shortboarder snakes, no-look-drop-ins, greedy longboarders, some older grumps

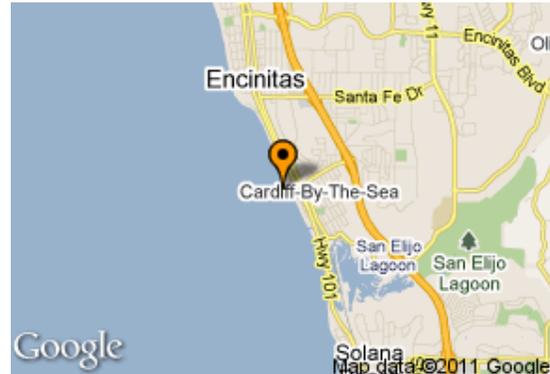
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as the action in the water. Encinitas has also been dubbed one of the healthiest cities in California, so don't be surprised to see some fine-looking women jogging past on the highway.

More Swami's Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Pipes



Need more detail? [View this map online](#)

Description

Connecting the dots between Cardiff Reef and Swami's is a stretch of erratic reef known as the San Elijo, or Cardiff, Campgrounds. Although most of these waves are too fickle and/or protected to mention here, Pipes, at the north end of the campground, offers a consistent left-hander that's frequented by the funboard crew. Despite the prevalence of fiberglass, foam and beer bellies, Pipes does offer a rippable wall for the aggro-minded. When it's winter with a low tide and moderate swell running, think of Pipes.

More Pipes Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:

low

Best Swell Direction:

NW, W (15 second or under)

Best Size:

3 to 5 feet

Best Wind:

glassy or E

Perfect-O-Meter:

5 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:

reef

Ability Level:

recreational

Bring Your:

funboard, Ugg boots

Best Season:

winter

Access:

Park along PCH, at the north end of the San Elijo campgrounds. Head west.

Crowd Factor:

Weekends can be packed, but weekdays are not so bad

Local Vibe:

Goin' left!

Bicep Burn:

4 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:

4 (1=clean; 10=turds in the lineup)

Hazards:

aggressive older guys

Cardiff



Need more detail? [View this map online](#)

Description

This is one of the few beaches around at which you'll see moms, dads, sons and daughters all hanging out in and out of the water, together. The reef is a long, right point that breaks over a flat, grass-covered reef for about a quarter of a mile. The wave is usually slow and a little mushy, but with real low tides and big winter swells, the south peak at Cardiff can be a real smoker. Otherwise, break out the log and join the party.

The state park coalition has built a pay lot right in front of the point, but free parking is available just outside the gates along the highway. The wave is easy to find, and can be checked by driving either north or south along Highway 101. The nearest freeway turnoff is at Manchester. The road that runs parallel to the tracks, just east of PCH, offers a great view of both Cardiff Reef and those spots adjacent to it. One of San Diego's hottest surfers owns a house along this stretch of asphalt, and there's no wonder why once you've had a glimpse of the view from Machado's front window.

A short paddle north from Cardiff reef, you'll find another pack of surfers in the water, probably sitting shoulder to shoulder in a tight knot. This is Suckouts. It's a very different wave than its partner just 50 yards away. As waves roll slowly and gently into Cardiff Reef, the same swell will produce dredging tubes that "suck out" quickly and spit those keen enough to make the drop out into a small channel before the wave closes out into the backside of the peak at Cardiff. This wave also prefers a lower tide, but the drop gets more and more difficult as the water level decreases. The left off of this same peak can offer multiple opportunities to crank turns off its steep face. It is not as hollow as the right, but is always a welcome relief from haggling for the favored tube on the other side of the peak. The crowd at Suckouts is as different from Cardiff Reef as is the wave. Once 10 guys are on the peak, it is hardly worth paddling out, as there just won't be enough waves to go around.

The San Elijo Lagoon drains into the ocean and straight into the lineup at Suckouts, and has been blamed for a number of sicknesses contracted by local surfers. Ear infections are common during winter months when the rivermouth is opened, as are cases of severe intestinal problems. It is best to avoid these spots after heavy rains, and especially when warning signs are posted on the beach. A quick look at the stagnant water in the estuary should convince even the most daring of surfers not to enter the surf during the polluted periods. Even the ducks swimming in this cess-pit look a bit apprehensive as they enter the water.

More Cardiff Travel Info:

Best Tide:

low to medium

Best Swell Direction:

NW, W (15 second or under)

Best Size:

3 to 8 feet

Best Wind:

glassy or E

Perfect-O-Meter:

7 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:

reef, reef/point

Ability Level:

Cardiff Reef, beginner to advanced;
Suckouts, experienced only

Bring Your:

longboard for Cardiff, shortboard for
Suckouts

Best Season:

winter

Access:

easy as can be

Crowd Factor:

Weekends can be packed; weekdays are not
so bad.

Local Vibe:

they're out there; blow a drop at Suckouts
and you may as well paddle in

Bicep Burn:

5 -- easy paddle back out through
channel, but can be long. (1=1ft Waikiki;
10=15ft Ocean Beach)

Poo Patrol:

8 (1=clean; 10=turds in the lineup)

Hazards:

Low tide reef plants at Suckouts, hassling
the crowd at Cardiff, stand-up
paddleboarders

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Seaside Reef



Need more detail? [View this map online](#)

Description

The first glimpse of ocean you get when heading north through Solana Beach comes as you exit the town and the road finds its way back down to sea level. An immediate left-hand turn will put you in the parking lot directly in front of Seaside. Another quarter-mile north along PCH, you'll find a once-firing, but now fickle, beachbreak called George's. When coming from the I5 freeway, use the Manchester Avenue exit and head west to the coast. Make a left onto Highway 101 and drive past Cardiff Reef. George's is the beach break just past the Chart House restaurant.

Parking is free along the side of the highway, from which you can access the stretch of beachbreak known as George's. Seaside has its own huge parking lot right at the break, in which the state charges a day use fee. For years, this area was nothing but a large dirt field that provided sufficient parking during even the most crowded days. In 1996, the state decided there was money to be made here and paved over the soulful gathering place. Disgruntled locals claim that the construction altered the balance of the elements that made Seaside such a great wave, and left behind yet another average spot.

Seaside Reef is predominantly a left that can suck out on the takeoff, then flatten out on the shoulder before reforming into a quick and wackable shorebreak. The right off the peak is much softer, but, with a bit of effort, can be milked along to the same inside section. On extreme low tides, the left will produce some serious tubes, and has been featured in more than a few popular surf videos. Taylor Steele's first project, in fact, was a video called *Seaside and Beyond* On days without much swell and a high tide, the inside shorebreak can be a fun option.

More Seaside Reef Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:
low

Best Swell Direction:
W, NW (15 second or under)

Best Size:
2 to 6 feet

Best Wind:
E

Perfect-O-Meter:
6 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:
Reef at Seaside and Tabletops (just to the south), sand at George's

Ability Level:
intermediate to advanced

Bring Your:
shortboard, nostalgia

Best Season:
winter

Access:
could not be any easier

Crowd Factor:
not too hectic although the takeoff zone at Seaside Reef can be tight

Local Vibe:
A few hecklers at Seaside, but otherwise mellow.

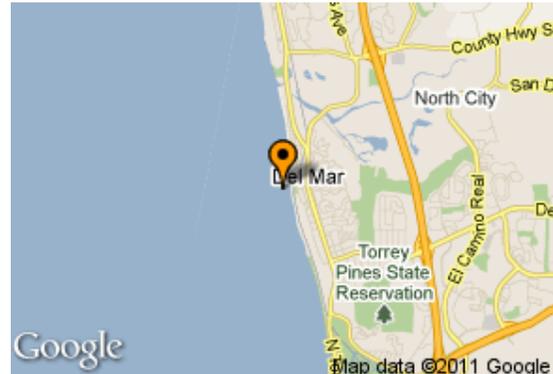
Bicep Burn:
3 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:
3, possibly some minor runoff from San Elijo Lagoon. (1=clean; 10=turds in the lineup)

Shark Danger:
Fatal shark attack at Tabletops, the reef about 100 yards south of Seaside, in 2008. (1=none; 10=bring an iron cage)

Hazards:
Low tide face plants on the reef at Seaside.

Del Mar



Need more detail? [View this map online](#)

Description

Del Mar is home to a rare reef break amid miles of beachbreak. From La Jolla in the south, to Seaside/Cardiff in the north, 15th Street is the only clear relief from the monotonous sandy sea floor. When the beaches are closed out on a low tide or a big swell, 15th will produce shapely lefts and a short right-hander.

Getting to 15th is a cinch. Exit the I5 freeway at Villa de la Valle coming from the north, or Del Mar Heights Road from the south. Make your way to the coast, and head for downtown Del Mar. You'll know you're getting close when three out of the four cars at an intersection are either Mercedes or BMWs. There is some serious money in this little community; a recent article in the San Diego *Union-Tribune* tagged it as the "next Malibu." The main road through town is lined with expensive sidewalk cafes and overpriced boutiques.

On the cliff above the left-hander is a well-kept grassy park, which serves as a great place to hang out between surfs. Also, alongside the road is a loading zone with a perfect view of the lineup. Parking is available in a pay lot directly across the street, but, another 100 yards to the north, you can park for free in the surrounding neighborhood.

The reef at 15th Street sticks out just far enough to pull in some of the south swells that generally pass by the rest of San Diego, but the wave is much more consistent during the winter. The spot can work on just about any tide, but gets steeper and more powerful as the tide drops. The left can line up and race along the edge of the reef, allowing for three or four turns down the line. The right is a little mushier and shorter, but does have an occasional section to bash. On its best day, the left can be somewhat comparable to the left at Lower Trestles. The wave breaks a fair distance from shore, and can have a reform on the inside during higher tides. It doesn't blow out as easily as its neighboring beaches because it's a reef and has some traces of kelp growing below the surface.

If there is a crowd at 15th, you can always find a peak to yourself to the north or south, so long as the wind isn't already on it. These sandbars can be pretty fun, but can't handle any real size or a low tide. You can, however, be assured to surf either alone or with just a couple of other guys. Beware of summertime restrictions on surfing and swimming zones on all beaches north of 15th Street, and be very cautious of the pollution problem at the rivermouth. Avoid all water contact here after any substantial rain, and obey the signs posted by the Health Department.

More Del Mar Travel Info:

[Places To Eat](#), [Places To Stay](#), [Things To Do](#)

Best Tide:

Low for the reef, high for the beach.

Best Swell Direction:

W, NW, SW

Best Size:

2 to 6 feet

Best Wind:

none or E

Perfect-O-Meter:

4 (1=Lake Erie; 10=Jeffreys Bay)

Bottom:

left-hand reef and surrounding beachbreak

Ability Level:

any and all

Bring Your:

shortboard, longboard or anything in between

Best Season:

year-round

Access:

Simple -- walk through park and down the path to sand.

Crowd Factor:

minor

Local Vibe:

none

Bicep Burn:

5 (1=1ft Waikiki; 10=15ft Ocean Beach)

Poo Patrol:

1 to 10 -- the rivermouth after a rain is deadly; otherwise, all is well. (1=clean; 10=turds in the lineup)

Hazards:

none, unless you're surfing after a big rain

North San Diego Forecast

* This forecast was created on 03/31/11.

Hey, this is **Kevin** with your **North San Diego Forecast** effective Thursday afternoon .

FORECAST RECAP:

SOCAL on THURSDAY: A modest mix of swells continued today, from both the SSW and NW, along with excellent conditions. Many breaks picked up 2-3'+ surf, while top SSW and combo breaks of Orange County saw inconsistent 3-4'+ range surf, with even some larger sets at times.

BRIEF OUTLOOK: Modest to locally fun size Southern Hemi swell will continue over the next few days, with even larger SSW and SW swell lining up in the longer term. Modest NW swell prevails for most breaks on Friday, but new and long period NW swell will fill in for well exposed breaks on Saturday. Those long period waves back down on Sunday as NW windswell builds. Conditions will need to be monitored closely as we move through the weekend, with the return of onshore flow. Check the forecast for further details and what lines up for the long range.

FORECAST OUTLOOK:

FRIDAY: SSW swell continues as small, mid period NW swell also holds. Many breaks see 2-3'+ surf, with some chest high sets at top SSW and combo breaks in the far north half of the county. New, long period NW swell builds in the late afternoon/evening abut will be strongest on Saturday.

WIND/WEATHER: Light/variable wind early, turning light to moderate SW for the afternoon.

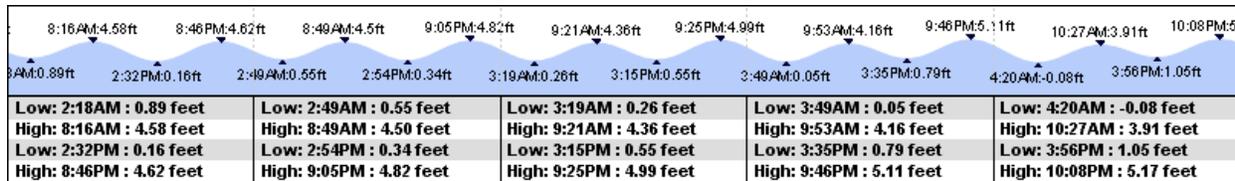
Surflines' RATING OF SURF HEIGHTS AND QUALITY

THURSDAY 03/31	FRIDAY 04/01	SATURDAY 04/02	SUNDAY 04/03	MONDAY 04/04
FAIR	FAIR	FAIR	POOR	FAIR TO GOOD
SURF: 2-3 ft knee to waist high	SURF: 2-3 ft + knee to chest high occ. 4 ft	SURF: 3-5 ft waist to head high	SURF: 4-5 ft shoulder to head high occ. 6 ft	SURF: 3-4 ft + waist to shoulder high occ. 5 ft
NW swell mix due to weaken; small SSW swell, with plus sets to 4' at standouts; light offshores in AM, NW pulse due late	New NW swell due to fill in with more size in the late afternoon/evening; Small SSW swell continues	Long period NW groundswell continues; small SSW swell mixing in; possible light south AM wind	Increasing short period NW windswell as NW groundswell fades; possible breezy W flow...stay tuned	Dropping NW swell mix; SSW swell fills in further; possible AM offshore flow...stay tuned

WINDS:

THURSDAY 03/31				FRIDAY 04/01				SATURDAY 04/02				SUNDAY 04/03				MONDAY 04/04			
02AM	08AM	02PM	08PM	02AM	08AM	02PM	08PM	02AM	08AM	02PM	08PM	02AM	08AM	02PM	08PM	02AM	08AM	02PM	08PM
5 kts	8 kts	12 kts	6 kts	3 kts	1 kts	10 kts	4 kts	4 kts	2 kts	8 kts	6 kts	13 kts	15 kts	13 kts	4 kts	10 kts	3 kts	10 kts	10 kts
319°	324°	274°	328°	288°	189°	264°	241°	129°	153°	216°	211°	254°	256°	261°	242°	122°	120°	264°	315°
NW	NW	W	NW	WNW	S	W	WSW	ESE	SSE	SW	SW	WSW	WSW	W	WSW	ESE	ESE	W	NW
05AM	11AM	05PM	11PM	05AM	11AM	05PM	11PM	05AM	11AM	05PM	11PM	05AM	11AM	05PM	11PM	05AM	11AM	05PM	11PM
3 kts	6 kts	12 kts	4 kts	1 kts	6 kts	6 kts	4 kts	5 kts	8 kts	9 kts	6 kts	14 kts	9 kts	12 kts	11 kts	7 kts	4 kts	9 kts	8 kts
303°	299°	286°	310°	293°	235°	247°	215°	218°	192°	200°	203°	263°	257°	273°	126°	120°	251°	298°	340°
WNW	WNW	WNW	WNW	WNW	WSW	WSW	SW	SW	SSW	SSW	SSW	W	WSW	W	ESE	ESE	WSW	WNW	NNW

TIDES:



WEATHER:

MOSTLY SUNNY 61 - 70°F	MOSTLY SUNNY 59 - 67°F	MOSTLY CLOUDY 58 - 64°F	SCATTERED SHOWERS 55 - 62°F	MOSTLY CLOUDY 55 - 61°F
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LONG RANGE FORECAST OUTLOOK

WIND/WEATHER SYNOPSIS:

High pressure will remain over the region, but will weaken on Friday. We will see light morning wind and clean conditions, along with mostly sunny skies and pleasant beach temps.

As we head through the weekend, a trough of low pressure will develop off the coast and eventually slide through eastern California on Sunday. That will bring the return of cooler, cloudy weather and light to moderate southerly flow on Saturday (strongest in the PM, fairly clean at many S/SE wind protected spots in the AM). Wind will shift SW/W on Sunday and looks pretty breezy by the afternoon.

High pressure will then move back over Southern California early next week and we could see the return of weak offshore flow for Monday and Tuesday mornings. Stay tuned.

NORTH PACIFIC SWELL/SURF ACTIVITY: For Friday morning extreme angled NW(295-305+) groundswell will continue as shorter period NW windswell fades. For exposed spots of Ventura, the South Bay, select parts of OC and San Diego that sets up 2-3'+ surf. Standout breaks see a few plus sets to shoulder high.

Next up is a larger and longer period NW swell that will be strongest on Saturday, although forerunners will build over the afternoon on Friday at breaks that favor the long period NW swell. This will be a somewhat extreme angled, long period NW swell (290-300) that will also be somewhat inconsistent because the storm was at it's strongest around 2500 miles away from us.

That being said, it still looks relatively solid for the well exposed breaks of Southern Ventura, select breaks of the central South Bay, extreme North OC and San Diego (and especially South San Diego). By Saturday morning (and even later Friday) the better breaks in those regions see shoulder-head high waves. Good spots in southern Ventura and South San Diego see sets running a foot or two overhead and standouts are even a little better at times. Those waves fade through the day on Sunday.

However, it now also looks like we could see a fairly solid dose of NW windswell develop on Sunday, before dropping on Monday, from strong NW wind in the outer waters. The short period waves will combine with the fading, longer period swell to set up chest-shoulder-head high waves at the better breaks. Standouts see overhead sets. Look for fading leftovers on Monday, although still decent size in the morning and fun at the breaks that will also pick up the SSW swell. Stay tuned.

Beyond that, it appears that we could see a modest size NW swell (290-300) for around the 6th-7th, although nothing major is currently on the radar. Stay tuned, we'll have more details on that once we see the storm develop in a few days.

SOUTH PACIFIC SWELL/SURF ACTIVITY: For the remainder of the week, and as we move into the weekend (Fri-Sat), we'll see a continuation of modest SSW swell (195-205+). For breaks with decent exposure that means mostly knee/waist high sets. Standouts in Orange County will be better with waist-chest, occasional shoulder high waves.

Going a little further out, a slightly larger SW to SSW groundswell (195-210) will move in for the 4th-5th with 2-3' occ. 4' waves at the exposed breaks. Good spots in Orange County (especially South OC) and San Diego see 3-4' waves with some larger sets at select standout breaks up to head high. We'll also have NW swell off and on for the next several days, so there will be periods of peaky bowls at the beachbreaks exposed to both swells.

Beyond that, we've been watching a large, intense storm down near New Zealand that is setting up swell for the middle to second half of next week. This swell will initially be pretty 'west' (200-215 degrees) and partially shadowed, but will offer good size surf at exposed breaks of San Diego, South OC and parts of LA on the 7th and 8th (even starting to build through the day on Wednesday the 6th). The well exposed spots by the 7th-8th have good potential to see chest-head high waves, with some overhead sets at standouts of South OC and even San Diego.

As we head into the following weekend of the 9th-10th, the swell is expected to turn more to the SSW (190-200) and slowly back down (although also opening up a bit more to some places like North OC/extreme North OC thanks to the shift in swell direction). Stay tuned, this is still a very active storm and we will be refining this forecast over the next several days as we're able to track the swell, gather more data and also see how much energy makes it through the Polynesia/Tahiti shadow.

7-DAY LOLA OFFSHORE SWELL & REGIONAL SURF HEIGHTS

FRI 04/01	SAT 04/02	SUN 04/03	MON 04/04	TUE 04/05	WED 04/06	Surf:
Surf: 4-5ft	Surf: 4-5ft	Surf: 5-6ft	Surf: 4-5ft	Surf: 2-3ft	Surf: 2-3ft	
Swell: 2.8ft at 18s from W/279° 2.6ft at 11s from WNW/282° 1.5ft at 14s	Swell: 3.3ft at 16s from W/279° 2.7ft at 11s from WNW/282° 1.4ft at 12s	Swell: 6ft at 10s from W/278° 1.8ft at 14s from SSW/204° 0.1ft at 24s	Swell: 4.9ft at 11s from W/279° 1.9ft at 14s from SSW/204° 0.8ft at 16s	Swell: 2.1ft at 14s from SSW/200° 1.9ft at 10s from W/280° 1ft at 16s	Swell: 2ft at 14s from SSW/200° 1.5ft at 14s from WNW/281° 1.4ft at 10s	

from WNW/282°

from WNW/282°

from SSW/204°

from SSW/204°

from W/280°

from WNW/281°

OFFSHORE SWELL FORECAST LOCATION



The location for Surflines' LOLA 7-Day Swell Model for this region is displayed on this map. LOLA will analyze all of the various wave and swell energy merging at this offshore location and will then identify each separate swell with its specific direction, height, and swell period. Only then can we accurately forecast the surf. LOLA will then calculate the surf heights from each swell, and will display the surf height of the single dominant swell at the top. This surf height will be a good representation of the typical surf heights throughout this region over the next 7 days. There will always be surf spots with smaller surf due to less exposure to the dominant swell, and other surf spots with larger surf due to greater exposure to the dominant swell. Local underwater bathymetry may also play a strong role in affecting surf heights throughout the region. Most important is to know what swells and potential surf is running so surfers can use their local knowledge and to explore to find the best surf in a region.

North San Diego Travel Info

Oceanside North Jetty

Places To Eat:

The Beachbreak Cafe at 1902 S. Coast Hwy. should top your list of breakfast haunts -- they make a killer omelet -- and the owner, who's a hardcore surfer, guarantees that "everything is 100 percent the best." Call them at 760-439-6355 for more info. Cream of the Crop, a health-food store and deli, is a good alternative to the string of taco shops and burger joints along PCH (2009 S. Coast Hwy.; 760-433-2757). Johnny Manana's, just up Mission Avenue from the pier, is a local favorite and offers a breakfast burrito special for \$1.99 (760-721-9999). Next door, a double-dipped cone from Dairy Queen on a hot summer day is an elemental pleasure. There is also a Ruby's diner at the end of the Oceanside pier and a Chart House at the Oceanside Harbor.

Places To Stay:

For places to stay check out <http://www.surf.savecash.com>

Coastal camping at the edge of beautiful Camp Pendleton is possible at San Onofre State Beach (aka Old Man's) or San Mateo Campground. Both campgrounds are within spitting distance of Trestles, Church's and Cottons, and just 20 minutes north of Oceanside on the Interstate 5 (949-492-4872;

www.parks.ca.gov/DISTRICTS/orange/sosb663.htm). If you forgot your tent, you shouldn't have a problem finding a room at one of the many hotels and motels in the area.

Things To Do:

The California Surf Museum at 233 North Coast Hwy. is free-ninety-free, and holds an amazing quiver (www.surfmuseum.org). It's open from 10 a.m. to 4 p.m., Thursday through Monday (760-721-6876). To dig further into local history, visit the King of the Missions, the San Luis Rey, at 4050 Mission Ave., just inland on Highway 76. As risky as your aunt's potlatch with a creosote aftertaste, surf fishing from the Oceanside pier -- with a \$6.60 one-day fishing license -- is a kick in the ass. If you want to catch something that wouldn't mind catching you, charter fishing out of Oceanside Harbor can be arranged through Helgren's Oceanside Sportfishing, located at 315 S. Harbor Dr. (760-722-2133), and starts at \$25 a pop. If you're bored and want to fit in, head into any one of the many \$5 chop shops and ask for the "high and tight." Or, for cheaper thrills, set copper pennies on the train tracks and try to find them after they've been squashed.

Oceanside Pier NS

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Tamarack

Surflines North San Diego Surf Guide

Places To Eat:

Brett Strother recommends Don's Country Kitchen at 2885 Roosevelt St. (760-729-2274). Pizza Port is another local standard for beers and a pie, at 571 Carlsbad Village Dr. (760-720-7007). For some of the best Italian food this side of Rome, try Jay's Gourmet (760-720-9688), located on the corner of Carlsbad Boulevard and Carlsbad Village Drive, right next to Witt's Carlsbad Pipelines.

Places To Stay:

From the South Carlsbad State Beach campgrounds, you can access one of Carlsbad's best breaks, and also peruse the beachbreak directly in front of the campgrounds. Spots range from \$17 to \$22. Reservations in summer months will be a problem if not booked seven months in advance. During winter months, it's fairly easy to get a spot without reservations. For information online, check http://cal-parks.ca.gov/COUNTIES/san_diego.htm . For reservations, call 800-444-PARK. Other than that, there's a hotel/motel at just about every exit in the area.

Things To Do:

Legoland, [Hot-air balloon rides](#) and biplane and antique aircraft rides (www.barnstorming.com) are popular, yet expensive, attractions in North County. The flower fields off of Palomar Airport Road are probably the most famous attraction in Carlsbad, but you'll get the gist of it before you get out of the car. They bloom March to May. Check out the city of Carlsbad's [website](#), to keep updated on changing attractions.

Ponto

Swami's

Places To Eat:

For breakfast, try the Potato Shack (760-436-1282) in Encinitas, which offers unlimited spuds for the starch-deficient surfer. Swami's Cafe is a local favorite for health-minded breakfasts and smoothies (1163 S. Coast Highway 101, 760-944-0612). The samba-minded, sangria-drinking crowd will dig the Calypso, at 576 N. Coast Highway 101, Encinitas (760-632-8252). Ah, and there's always a place for Roberto's Taco Shop (760-634-2909) -- with 28 locations in SD, they're literally everywhere -- and, sensibly, there's one at 1900 N. Coast Highway. If you need a perk-up, the Pannikin (760-436-5824) offers liquidated coffee beans in unlimited varieties.

Places To Stay:

Try the San Elijo or South Carlsbad State Beach campgrounds. Spots range from \$17 to \$22, and some overlook area reefs. Reservations in summer months will be a problem if not booked seven months in advance. Luckily, during the winter when the waves are best, it's fairly easy to get a spot without reservations. For information online, check http://cal-parks.ca.gov/COUNTIES/san_diego.htm . For reservations, call 800-444-PARK.

Things To Do:

Get a sense of this right point's namesake and visit the beautiful gardens on top of the point at the Self-Realization Fellowship. Turn west off PCH onto K Street, or just walk a block north of the Swami's parking lot, turn left and enter the gardens at the second blue gate. Admission is free, and the gardens are open from 9 a.m. to 5 p.m., Tuesday through Saturday, and 11 a.m. to 5 p.m. on Sunday. The gardens are part of the facility built for Swami Paramahansa Yogananda in 1937.

The Magdalena Ecke Family YMCA skatepark in Encinitas has a brand-new, 13-foot high, 80-foot-wide vert ramp. The 32,000-square-foot facility is famous for the number of pro skaters it attracts. It holds a street course and various steel ramps and bowls. Annual membership fees are \$20, and there is a \$10 fee per session for non-members (760-942-9622).

If you're lucky, you might time your stay perfectly to see one of the many surf and skateboard video releases at the La Paloma Theater, 471 S. Coast Highway (760-4365774).

Pipes

Places To Eat:

Pipes, at 121 Liverpool Dr., is *the* place for breakfast in Cardiff (760-632-0056). Ki's is a good bet for muffins, smoothies and a second-story view of the reef (2591 S. Coast Hwy., 760-436-5236). For coffee, sandwiches and salads, check out Miracles Cafe (1953 San Elijo Ave., 760-943-7924).

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Surfline's North San Diego Surf Guide

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Things To Do:

Run, walk, or ride a horse along the network of trails at the San Elijo Lagoon ecological preserve; and spot marine birds such as egrets and herons along the way. If that gets boring, run back and forth across the Interstate 5, less than a mile east. For night owls, the Belly Up (858-481-9022) always has someone worth listening to and Yogi's (760-943-9644) is a favorite dugout for pro ballers/surfers Trevor Hoffman and Brad Asmus.

Seaside Reef

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Del Mar

Places To Eat:

The Roberto's (858-755-1629) on Carmel Valley Road, overlooking Los Penasquitos Lagoon, has got to be the finest view offered by any taco stand in the state. Still, it's got the same prices and menu as the other 27 Roberto's in SD. If you're rolling in a bit more dough, the Brigantine, at 3263 Camino Del Mar, provides a view of the Del Mar rivermouth (858- 481-1166). And, if you're really rollin', Jake's Del Mar, at 1660 Coast Blvd., will put you right on top of the beach (858-755-2002).

Places To Stay:

The San Diego *Union-Tribune* has called Del Mar the "next Malibu," and, if the prices of local hotels are any indication, they might be right. Look north or south for good camping or hotel options.

Things To Do:

From July through September, there's only one game going: the Del Mar Thoroughbred Club, at 2260 Jimmy Durante Blvd. (858-755-1161). Pay \$3 to get in and then put the rest of your cash on a trifecta and the ponies of your choice, or get into the clubhouse for \$7 and look for a sugar daddy -- because a stay in Del Mar is gonna cost you.

Local Surf Shops And Schools

Surf Shops

Billabong Aloha Beach Camp - San Clemente

647 Camino De Los Mares #108-202
San Clemente, Ca 92673
Phone: (949)481-7222
Email: alohabeachcamp@cox.net
Web: [Go To Web Site](#)

Russell Shop

2280 Newport Blvd
Newport Beach, CA 92663
Phone: 949 673 5871
Email: russellsurfboards@gmail.com
Web: [Go To Web Site](#)

SurfRandy.com

Buckaneer Beach
Oceanside, CA 92054
Phone: 760-575-4113
Email: randy@surfrandy.com
Web: [Go To Web Site](#)

Aloha School of Surfing

31306 Brooks Street
Laguna Beach, CA 92651
Phone: (949) 355-9814
Email: Jamo@AlohaSchoolofSurfing.com
Web: [Go To Web Site](#)

Asylum Surf Shop

310 Mission Ave
Oceanside, CA 92054
Phone: 7607220616
Email: rhodel@asylumboardshop.com
Web: [Go To Web Site](#)

BC SURF SHOP

222 N. El Camino Real
San Clemente , CA 92672
Phone: (949) 498-9085
Email: melanie@bcsurfonline.com
Web: [Go To Web Site](#)

Beach Gofers

125 S. Coast Hwy.
Oceanside , CA 92049
Phone: 760-213-2455

Becker Surfboards

927 S. Coast Highway
Encinitas, CA 92024
Phone: 760-633-1296
Email: surfboards@beckersurf.com
Web: [Go To Web Site](#)

Becker Surfboards, Inc. (Mission Viejo)

28251 Marguerite Pkwy
Mission Viejo, CA 92691
Phone: 949-364-2665
Email: surfboards@beckersurf.com
Web: [Go To Web Site](#)

Bernice Ayer Middle School Surf Club & Team

Pacific Surf School

721 Ormond Ct.
San Diego, CA 92109
Phone: 858.488.2685
Email: pacificsurf@pacificsurf.org
Web: [Go To Web Site](#)

Paddle Surf Warehouse- Dana Point

34200 Pacific Coast Hwy
Dana Point , CA 92629
Phone: 949.488.8041

Padle Surf Warehouse- Costa Mesa

643 W. 17th
Costa Mesa, CA 92626
Phone: 949.574.5897

Patagonia Cardiff

2185 San Elijo Ave
Cardiff, CA 92007
Phone: 760-634-9886
Email: store_cardiff@patagonia.com
Web: [Go To Web Site](#)

Peter Glenn Of Vermont

2700 West Coast Highway
Newport beach , CA 92659

Plumeria Surfboards

130 Aberdeen Dr.
Cardiff By The Sea, CA 92007
Phone: 760-479-0080

Progression Surf Shop

828 n. coast hwy. 101
leucadia, CA 92024
Phone: 760-942-2088
Email: info@progressionsurf.com
Web: [Go To Web Site](#)

Rancho Del Mar Surf Camp

P.O. Box 314
Del Mar , CA 92014
Phone: 619.507.3588
Email: seth@ranchodelmarsurfcamp.com
Web: [Go To Web Site](#)

Raw Skin Surf N' Sport

2796 Carlsbad Blvd
Carlsbad, CA 92008
Phone: 760 434-1122
Email: info@rawskinsurf.com
Web: [Go To Web Site](#)

Razor Reef

1690 Placentia Avenue Unit E
Costa Mesa, CA 92627
Phone: 949-706-9383
Email: info@razorreef.com
Web: [Go To Web Site](#)

Real Surf Shop

San Clemente, CA 92673
Email: GLHeinrich@capousd.org
Web: [Go To Web Site](#)

Billabong Eli Howard Surf School

P.O. Box 231741
Encinitas, CA 92023
Phone: 760-809-3069
Email: info@elihoward.com
Web: [Go To Web Site](#)

Billabong Safari Surf School

2102 sorrento dr.
Oceanside, CA 92056
Phone: 866-433-3355
Email: info@safarisurfschool.com
Web: [Go To Web Site](#)

Billabong Surfari (San Diego)

3740 Mission Boulevard
San Diego, CA 92109
Phone: 858-337-3287
Email: rick@surfarisurf.com
Web: [Go To Web Site](#)

Bob's Mission Surf

4320 Mission Blvd.
San Diego, CA 92109
Phone: (858) 483-8837
Email: info@missionsurf.com
Web: [Go To Web Site](#)

Bunker Board Shops

4050 Mission Blvd
San Diego, CA 92109
Phone: 858-488-7412
Email: marciozouvi@gmail.com
Web: [Go To Web Site](#)

Carlsbad Pipelines

2975 "A" Carlsbad Blvd
Carlsbad, CA 92008
Phone: (760) 729-4423
Email: carlsbadpipelines@sbcglobal.net

Christian Overnight Surf Camp- OC

255 Oak Street
Laguna Beach, CA 92651
Phone: 949.497.5918
Email: chris@soulsurfschool.com
Web: [Go To Web Site](#)

Clairemont Surf Shop

6393 Balboa Avenue
San diego, CA 92111
Phone: 858-292-1153
Email: clairemontsurf@sbcglobal.net
Web: [Go To Web Site](#)

Colas's Surf Camp

5404 camino Mojado
San Clemente, CA 92673
Phone: 19496361419
Email: cola4surf@yahoo.com
Web: [Go To Web Site](#)

1101 S. Coast Hwy
Oceanside, CA 92054
Phone: (760) 754-0670
Web: [Go To Web Site](#)

Rip Curl Surf Center

3801 S. El Camino Real
San Clemente, CA 92673
Phone: 949-498-4920
Web: [Go To Web Site](#)

Ruckus Enterprises

7074 Ivey Vista Way
Oceanside, CA 92057
Phone: 310.531.2552
Email: kgustavs@ucsd.edu

Rusty Boardhouse

2170 Avenida De La Playa
La Jolla, CA 92037
Phone: 858-551-0262
Web: [Go To Web Site](#)

Rusty Surf School

Pacific Beach
San Diego, CA 92109
Phone: 858-274-1843
Web: [Go To Web Site](#)

Rusty Surfboards

201 15th Street
Del Mar, CA 92014
Phone: 858-259-3200
Email: info@rustydelmar.com
Web: [Go To Web Site](#)

RW / Whitlock Surf Experience

2601 State Street
Carlsbad, CA 92008
Phone: 760-730-1678
Email: whitlocksurfsurfexperience@hotmail.com
Web: [Go To Web Site](#)

S.C. Boardroom

415 Avenida Pico
San Clemente, CA 92672
Phone: 949-366-0199

Safari Surf School - Nosara, Costa Rica

32941 Vine Street
Temecula, CA 92592
Phone: 951-667-7726
Email: mj@safarisurfschool.com
Web: [Go To Web Site](#)

San Clemente Surf Film Workshop

202 Avenida Cabrillo
San Clemente, CA 92672
Phone: 949)492-0465
Email: laurel@sancllementefilmfestival.com
Web: [Go To Web Site](#)

San Clemente Surf School

221 Avenida Montalvo #C
San Clemente, CA 92672
Phone: 949-334-7649

Cole Surfboards

129 Calle De Los Molinos
San Clemente, CA 92672
Phone: 949 940-9044
Email: colesurf@sbcglobal.net
Web: [Go To Web Site](#)

Costa Azul Int.

689 South Coast Hwy
Laguna Beach, CA 92651
Phone: 949.497.1423
Email: rod@costaazul.net
Web: [Go To Web Site](#)

Dean Miller Surf Bedding

33511 Nancy Jane Court
Dana Point , CA 92629
Phone: (949) 545 - 6730
Email: deanmillersheets@yahoo.com
Web: [Go To Web Site](#)

Degree 33 Surfboards

7965 Silverton Ave St 1310
San Diego, CA 92126
Phone: (858) 693 3692
Email: surf@degree33.com
Web: [Go To Web Site](#)

Emerald City Surf

1118 Orange Ave.
Coronado, CA 92118
Phone: 619-435-6677
Email: info@emeraldcitysurf.com
Web: [Go To Web Site](#)

Encinitas Surfboards

107 No. Highway 101
Encinitas , CA 92024
Phone: 760-753-0506
Web: [Go To Web Site](#)

Endless Summer Adventures

2888 Mission Blvd
San Diego, CA 92109
Phone: 1-888-372-4386
Email: endlesssummeradventures@gmail.com
Web: [Go To Web Site](#)

Endless Summer Surf Camp

218 Calle De Anza
San Clemente, CA 92672
Phone: 949-498-7862
Email: info@endlesssummersurfcamp.com
Web: [Go To Web Site](#)

Envirosurfer

2463 Newport Ave.
Cardiff , CA 92007
Phone: 888-901-0114
Email: brandon@envirosurfer.com
Web: [Go To Web Site](#)

Executive Surfing Club

P. O. Box 180365
Coronado, CA 92178
Phone: 858.344.5336

Email: sandiegentesurf@gmail.com
Web: [Go To Web Site](#)

San Diego Surf Lessons

732 1/2 ormond ct
San Diego , CA 92109
Phone: (858) 488-2685
Email: info@sandiegosurflessons.com
Web: [Go To Web Site](#)

San Diego Surf School

4850 Cass Street
San Diego , CA 92109
Phone: 858-205-7683
Email: info@sandiegosurfschool.com
Web: [Go To Web Site](#)

San Diego Surfing Academy

PO Box 866
Cardiff by the Sea, CA 92007
Phone: 800-447-7873
Email: info@surfingacademy.com
Web: [Go To Web Site](#)

Schmidt's Boardhouse

310 S. Twin Oaks Valley Road
San Marcos , CA 92096
Phone: 760-736-8845

Sol Boarding Supply

6902 La Jolla Blvd
La jolla , CA 92037
Phone: 858-459-2594

South Bay Surf & Skate

523 Telegraph Canyon Road
Chula vista , CA 91913
Phone: 619-482-7873

South Coast Closeouts

1930 Bacon St.
San Diego, CA 92107
Phone: (619) 223-7017
Web: [Go To Web Site](#)

South Coast Longboards

5037 Newport Ave.
San Diego, CA 92107
Phone: 619-223-8808
Web: [Go To Web Site](#)

South Coast Surf Shop

5023 Newport Ave.
San Diego , CA 92107
Phone: 619-223-7017
Web: [Go To Web Site](#)

South Coast Wahines

4500 Ocean Blvd
San Diego, CA 92109
Phone: 858-273-7600
Web: [Go To Web Site](#)

South Coast Windansea

740 Felspar Suite A
San Diego, CA 92109
Phone: 858-483-7660

Email: escteacher@sbcglobal.net
Web: [Go To Web Site](#)

Fluid Surf & Sport
979 Avenida Pico
San Clemente , CA 92673
Phone: 949-366-3774

Frog House
6908 West Coast Highway
Newport beach , CA 92659
Phone: 949-642-5690
Web: [Go To Web Site](#)

Get a Life! Surf School & Lessons
700 Lido Park Dr.
NewPort, CA 92663
Phone: 949-673-4168
Email: moorecomp@hotmail.com
Web: [Go To Web Site](#)

Groundswell Surf Camps
208-B Calle De Los Molinos
San Clemente, CA 92672
Phone: (949) 361-1740
Web: [Go To Web Site](#)

Hansen Surfboards
1105 S. Coast Hwy 101
Encinitas , CA 92024
Phone: 800-480-4754
Email: cs@hansensurf.com
Web: [Go To Web Site](#)

Infinity Surf
24382 Del Prado
Dana Point , CA 92629
Phone: 949-661-6699
Email: infinsurf@aol.com
Web: [Go To Web Site](#)

Jack's Surfboards (Corona Del Mar)
900 Avocado
Corona Del Mar , CA 92660
Phone: 1.949.718.0001
Email: customer-service@jackssurfboards.com
Web: [Go To Web Site](#)

Jack's Surfboards (Dana Point)
34320 Pacific Coast Highway Suite C
Dana Point, CA 92629
Phone: 1.949.276.8080
Email: customer-service@jackssurfboards.com
Web: [Go To Web Site](#)

Jack's Surfboards (Irvine)
5581 Alton Pkwy
Irvine, CA 92618
Phone: 1.949.242.7020
Email: customer-service@jackssurfboards.com
Web: [Go To Web Site](#)

Jack's Surfboards (Newport beach)
2727 Newport Blvd.
Newport beach , CA 92663
Phone: 949-673-2300

Phone: 949-444-7000

Web: [Go To Web Site](#)

Steve Pinner Surf Instruction
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Encinitas, CA 92024
Phone: 760-944-9804
Email: webmeister@cox.net
Web: [Go To Web Site](#)

Sunova Surfboards
1378 Logan Ave, Ste. B
Costa Mesa, CA 92626
Phone: 310-439-8026
Email: matthewjesef@gmail.com
Web: [Go To Web Site](#)

Surf Camp San Diego
735 santa clara place
San Diego, CA 92109
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Email: surf@surfcampsandiego.com
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Surf Diva Surf School & Shop
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La Jolla, CA 92037
Phone: 858-454-8273
Email: askadiva@surfdiva.com
Web: [Go To Web Site](#)

Surf Hut
710 Seacoast Drive, Suite D
Imperial beach , CA 91932
Phone: 619-575-7873

Surf Lessons San Diego
732 Ormond Court
San Diego, CA 92109
Phone: (858) 605-0873
Email: surf@surflessonsandiego.com
Web: [Go To Web Site](#)

Surf Munkey
13223 Black Mtn Rd #1-226
San Diego, CA 92129
Phone: (877) 686-5397
Email: info@surfmunkey.com
Web: [Go To Web Site](#)

Surf Ride Boardshop (Oceanside)
1909 South Coast Highway
Oceanside , CA 92049
Phone: 760-433-4020
Email: info@surfride.com
Web: [Go To Web Site](#)

Surf Ride Boardshop (Solana Beach)
325 North Highway 101
Solana Beach, CA 92075
Phone: (858) 755-0858
Email: info@surfride.com
Web: [Go To Web Site](#)

Surf Ride Surf School
1609 Ord Way
Oceanside, CA 92056

Surfline's North San Diego Surf Guide

Email: customer-service@jackssurfboards.com
Web: [Go To Web Site](#)

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1709 N, El Camino Real Ste.B
san clemente , CA 92672
Phone: 949 369 6500
Email: info@jednollsurfboards.com

K5 Surf & Sport

280 N El Camino Real
Encinitas , CA 92024
Phone: 760-436-6613

Kahuna Bob's Surf School

2526 Woodlands Way
Oceanside, CA 92054
Phone: 760 721 7700
Email: bob@kahunabob.com

Kennedy Surf Co

5265 Silkwood Drive
Oceanside, CA 92056
Phone: (949) 933-3831
Email: kennedysurfco@att.net
Web: [Go To Web Site](#)

Killer Dana Dana Point

24621 Del Prado
Dana Point, CA 92629
Phone: (949) 489-8380
Web: [Go To Web Site](#)

Laguna Surf & Sport

1088 So. Coast Highway
Laguna beach , CA 92651
Phone: 949-497-7000
Email: customerservice@surfandsport.com
Web: [Go To Web Site](#)

Laguna Surf & Sport

26741 ALISO CREEK RD #F
Aliso vejo , CA 92656
Phone: (949) 360-6495
Email: customerservice@surfandsport.com
Web: [Go To Web Site](#)

Learn to surf with Heather

1380 N Pacific St
Oceanside , CA 92058
Phone: 760-729-5482
Email: heathertpine@yahoo.com

Leucadia Surf School

North San Diego County, CA 92024
Phone: (760) 635-SURF
Email: SURF@LEUCADIASURFSCHOOL.COM
Web: [Go To Web Site](#)

Menhune Surf

7486 La Jolla Blvd 511
La Jolla, CA 92037
Phone: (858) 663-7299
Email: surf@menehunesurf.com
Web: [Go To Web Site](#)

Phone: (866) 594-7873
Email: surfschool@surfride.com
Web: [Go To Web Site](#)

Surf Savvy School

2218 Vallecitos
La Jolla, CA 92037
Phone: 858-459-4790
Web: [Go To Web Site](#)

Surf Skate Supply

510 Avenida de la Estrella
San Clemente, CA 92672
Phone: 949-369-7873
Email: info@surfskatesupply.com
Web: [Go To Web Site](#)

Surfer Girls

732 Santa Clara Place
San Diego, CA 92109
Phone: 858.427.0644
Email: info@alohasurfergirls.com
Web: [Go To Web Site](#)

Surfer Sam's World Famous Surf School

347 W. Wilson St.
Costa Mesa, CA 92627
Phone: 714-651-9851
Email: saltwatersamc@gmail.com
Web: [Go To Web Site](#)

Surfin Fire

6714 Lemon Leaf Dr.
Carlsbad, CA 92009
Phone: (760) 438-0538
Email: jp@surfinfire.com
Web: [Go To Web Site](#)

Surfindian

4652 Mission Boulevard
San Diego, CA 92109
Phone: 858-412-5334
Email: chris@surfindian.com
Web: [Go To Web Site](#)

Surfside Sports

233 East 17th St
Costa Mesa, CA 92627
Phone: (949) 645-4624
Email: customerservice@surfsidesports.com
Web: [Go To Web Site](#)

Thalia Surf Shop

915 S. Coast Hwy
Laguna Beach, CA 92651
Phone: 949-497-3292
Email: nick@thaliasurf.com
Web: [Go To Web Site](#)

The Academy by the Sea

2605 Carlsbad Blvd.
Carlsbad, CA 92008
Phone: 760-434-7564
Email: summer@abts.com
Web: [Go To Web Site](#)

Mission Bay Aquatic Center

1001 Santa Clara Place
Mission Beach, CA 92109
Phone: 8584881000
Email: mbac@sdsu.edu
Web: [Go To Web Site](#)

Mitch's Surf Shop

631 Pearl Street
La Jolla , CA 92037
Email: mitchslj@gmail.com

Momentum Surfboards

Newport Beach, CA 92660
Phone: 949.838.4537
Email: matt@momentumsurfboards.com
Web: [Go To Web Site](#)

More Waves

33791 Malaga Dr. A
Dana Point , CA 92629
Phone: 949 633 0435
Email: info@morewaves.com
Web: [Go To Web Site](#)

Newport Surf Camp

Newport Beach, CA 92627
Phone: 1-866-SURF-CAMP
Web: [Go To Web Site](#)

Newport Surf School

P.O. Box 843
Corona Del Mar, CA 92625
Phone: 949-760-1430
Email: info@newportsurfschool.com
Web: [Go To Web Site](#)

Nine Star (Mission Viejo)

27741 Crown Valley Pkwy.
Mission Viejo, CA 92691
Phone: 949-367-9993
Web: [Go To Web Site](#)

OC Surf Shop

34255 PCH Unit 112
Dana Point, CA 92629
Phone: 888-662-7477
Email: info@myocsurflesson.com
Web: [Go To Web Site](#)

Ocean Beach Surf & Skate

4976 Newport Avenue
San Diego, CA 92107
Phone: 619) 225-0674
Email: obsurfshop@yahoo.com
Web: [Go To Web Site](#)

ocean experience surf school

4881 Newport Ave.
San Diego , CA 92107
Phone: 619-225-0674
Email: OBSurfshop@yahoo.com
Web: [Go To Web Site](#)

The Green Room Surf Shop

4525 West Coast Hwy
Newport Beach, CA 92663
Phone: 949.548.3688
Web: [Go To Web Site](#)

The Next Wave - Progressive Surf

4918 Pacifica Drive
San Diego, CA 92109
Phone: 877 NXT WAVE
Email: info@nextwaveusa.com
Web: [Go To Web Site](#)

Toes On The Nose

276 South Coast Highway
Laguna beach , CA 92651
Phone: 949-494-4988
Email: toesshop@yahoo.com
Web: [Go To Web Site](#)

Trestles Surf Seconds

3011 S. El Camino Real
San clemente , CA 92673
Phone: 949-498-7474

Uncle Mike's 21-13 Surfboards

1943 S. Tremont St.
Oceanside, CA 92054
Phone: 760-721-7346
Email: Info@21-13.com
Web: [Go To Web Site](#)

Volcom presents Summer Soul Surf Camp

63 pico plaza #292
San Clemente, CA 92672
Phone: 1-800-522-1352
Email: info@summersoulsurfcamp.com
Web: [Go To Web Site](#)

Walking on Water Christian Surf Camps

5928 Balfour Ct Suite C
Carlsbad , CA 92008
Phone: 760.438.1111
Email: info@walkingonwater.com
Web: [Go To Web Site](#)

Wavelines

11658 Carmel Mnt. Rd #132
San diego , CA 92111
Phone: 858-675-9696
Email: wavelines@sbcglobal.net
Web: [Go To Web Site](#)

wbsurfing

po box 111
solana beach, ca 92075
Phone: 858 792 9486
Email: wbsurfing@gmail.com
Web: [Go To Web Site](#)

Wind an Sea Surfboards

3780 Mission Blvd.
Mission Beach, CA 92109
Phone: (858) 488-9374
Email: windanseasurfboards@hotmail.com

Oceancalls Surf Co.

300 Carlsbad Village Drive
Carlsbad , CA 92009
Phone: (760) 434-4840

Old Town Surf Company

2515 San Diego Avenue
San Diego , CA 92111
Phone: 619-574-7873

On-The-Go Travel Surf

225 Melrose Ave. #4
Encinitas, CA 92024
Phone: 858-717-0735
Email: justin@otgsurf.com
Web: [Go To Web Site](#)

Overnight Surf Camp

3969 Jewell St
San Diego , CA 92109
Phone: 877 7873101
Email: info@overnightsurfcamp.com
Web: [Go To Web Site](#)

Pacific Beach Surf School

4150 Mission Blvd. Suite 161
San Diego, CA 92109
Phone: 1.858.373.1138
Email: info@pacificbeachsurfschool.com
Web: [Go To Web Site](#)

Art Surf Camp

230 Via De Momte
Oceanside, ca 92054
Phone: 760-722-8161
Email: JAVIER@EPOXYSURFBOARDS.COM

Zig Zag Production

27071 Cabot Road, Ste# 104
Laguna Hills , CA 92653
Phone: 949-367-9191

Surf Schools

Billabong Aloha Beach Camp - San Clemente

647 Camino De Los Mares #108-202
San Clemente, Ca 92673
Phone: (949)481-7222
Email: alohabeachcamp@cox.net
Web: [Go To Web Site](#)

Russell Shop

2280 Newport Blvd
Newport Beach, CA 92663
Phone: 949 673 5871
Email: russellsurfboards@gmail.com
Web: [Go To Web Site](#)

SurfRandy.com

Buckaneer Beach
Oceanside, CA 92054
Phone: 760-575-4113
Email: randy@surfandy.com
Web: [Go To Web Site](#)

Aloha School of Surfing

31306 Brooks Street
Laguna Beach, CA 92651
Phone: (949) 355-9814
Email: Jamo@AlohaSchoolofSurfing.com
Web: [Go To Web Site](#)

Asylum Surf Shop

310 Mission Ave
Oceanside, CA 92054
Phone: 7607220616

Pacific Surf School

721 Ormond Ct.
San Diego, CA 92109
Phone: 858.488.2685
Email: pacificsurf@pacificsurf.org
Web: [Go To Web Site](#)

Paddle Surf Warehouse- Dana Point

34200 Pacific Coast Hwy
Dana Point , CA 92629
Phone: 949.488.8041

Padle Surf Warehouse- Costa Mesa

643 W. 17th
Costa Mesa, CA 92626
Phone: 949.574.5897

Patagonia Cardiff

2185 San Elijo Ave
Cardiff, CA 92007
Phone: 760-634-9886
Email: store_cardiff@patagonia.com
Web: [Go To Web Site](#)

Peter Glenn Of Vermont

2700 West Coast Highway
Newport beach , CA 92659

Plumeria Surfboards

130 Aberdeen Dr.
Cardiff By The Sea, CA 92007
Phone: 760-479-0080

Email: rhodel@asylumboardshop.com
Web: [Go To Web Site](#)

BC SURF SHOP

222 N. El Camino Real
San Clemente , CA 92672
Phone: (949) 498-9085
Email: melanie@bcsurfonline.com
Web: [Go To Web Site](#)

Beach Gofers

125 S. Coast Hwy.
Oceanside , CA 92049
Phone: 760-213-2455

Becker Surfboards

927 S. Coast Highway
Encinitas, CA 92024
Phone: 760-633-1296
Email: surfboards@beckersurf.com
Web: [Go To Web Site](#)

Becker Surfboards, Inc. (Mission Viejo)

28251 Marguerite Pkwy
Mission Viejo, CA 92691
Phone: 949-364-2665
Email: surfboards@beckersurf.com
Web: [Go To Web Site](#)

Bernice Ayer Middle School Surf Club & Team

San Clemente, CA 92673
Email: GLHeinrich@capousd.org
Web: [Go To Web Site](#)

Billabong Eli Howard Surf School

P.O. Box 231741
Encinitas , CA 92023
Phone: 760-809-3069
Email: info@elihoward.com
Web: [Go To Web Site](#)

Billabong Safari Surf School

2102 sorrento dr.
Oceanside, CA 92056
Phone: 866-433-3355
Email: info@safarisurfschool.com
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Billabong Surfari (San Diego)

3740 Mission Boulevard
San Diego, CA 92109
Phone: 858-337-3287
Email: rick@surfarisurf.com
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Bob's Mission Surf

4320 Mission Blvd.
San Diego, CA 92109
Phone: (858) 483-8837
Email: info@missionsurf.com
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Bunker Board Shops

4050 Mission Blvd
San Diego, CA 92109

Progression Surf Shop

828 n. coast hwy. 101
leucadia, CA 92024
Phone: 760-942-2088
Email: info@progressionsurf.com
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Rancho Del Mar Surf Camp

P.O. Box 314
Del Mar , CA 92014
Phone: 619.507.3588
Email: seth@ranchodelmarsurfcamp.com
Web: [Go To Web Site](#)

Raw Skin Surf N' Sport

2796 Carlsbad Blvd
Carlsbad, CA 92008
Phone: 760 434-1122
Email: info@rawskinsurf.com
Web: [Go To Web Site](#)

Razor Reef

1690 Placentia Avenue Unit E
Costa Mesa, CA 92627
Phone: 949-706-9383
Email: info@razorreef.com
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Real Surf Shop

1101 S. Coast Hwy
Oceanside, CA 92054
Phone: (760) 754-0670
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Rip Curl Surf Center

3801 S. El Camino Real
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Ruckus Enterprises

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Rusty Boardhouse

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Email: marciozouvi@gmail.com
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Carlsbad Pipelines
2975 "A" Carlsbad Blvd
Carlsbad, CA 92008
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Christian Overnight Surf Camp- OC
255 Oak Street
Laguna Beach, CA 92651
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Email: chris@soulsurfingschool.com
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Clairemont Surf Shop
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San diego , CA 92111
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Email: clairemontsurf@sbcglobal.net
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Colas's Surf Camp
5404 camino Mojado
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Cole Surfboards
129 Calle De Los Molinos
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Email: colesurf@sbcglobal.net
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Costa Azul Int.
689 South Coast Hwy
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Dean Miller Surf Bedding
33511 Nancy Jane Court
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1118 Orange Ave.
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Email: info@emeraldcitysurf.com
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Safari Surf School - Nosara, Costa Rica
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Phone: 949)492-0465
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Email: sanclementesurf@gmail.com
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San Diego , CA 92109
Phone: (858) 488-2685
Email: info@sandiegosurflessons.com
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San Diego Surf School
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Email: info@sandiegosurfschool.com
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Phone: 800-447-7873
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310 S. Twin Oaks Valley Road
San marcos , CA 92096
Phone: 760-736-8845

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Phone: 858-459-2594

South Bay Surf & Skate
523 Telegraph Canyon Road

Encinitas Suriboards

107 No. Highway 101
Encinitas , CA 92024
Phone: 760-753-0506
Web: [Go To Web Site](#)

Endless Summer Adventures

2888 Mission Blvd
San Diego, CA 92109
Phone: 1-888-372-4386
Email: endlesssummeradventures@gmail.com
Web: [Go To Web Site](#)

Endless Summer Surf Camp

218 Calle De Anza
San Clemente, CA 92672
Phone: 949-498-7862
Email: info@endlesssummersurfcamp.com
Web: [Go To Web Site](#)

Envirosurfer

2463 Newport Ave.
Cardiff , CA 92007
Phone: 888-901-0114
Email: brandon@envirosurfer.com
Web: [Go To Web Site](#)

Executive Surfing Club

P. O. Box 180365
Coronado, CA 92178
Phone: 858.344.5336
Email: escteacher@sbcglobal.net
Web: [Go To Web Site](#)

Fluid Surf & Sport

979 Avenida Pico
San Clemente , CA 92673
Phone: 949-366-3774

Frog House

6908 West Coast Highway
Newport beach , CA 92659
Phone: 949-642-5690
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Get a Life! Surf School & Lessons

700 Lido Park Dr.
NewPort, CA 92663
Phone: 949-673-4168
Email: moorecomp@hotmail.com
Web: [Go To Web Site](#)

Groundswell Surf Camps

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San Clemente, CA 92672
Phone: (949) 361-1740
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Hansen Surfboards

1105 S. Coast Hwy 101
Encinitas , CA 92024
Phone: 800-480-4754
Email: cs@hansensurf.com
Web: [Go To Web Site](#)

Infinity Surf

24382 Del Prado

Chula vista , CA 91913
Phone: 619-482-7873

South Coast Closeouts

1930 Bacon St.
San Diego, CA 92107
Phone: (619) 223-7017
Web: [Go To Web Site](#)

South Coast Longboards

5037 Newport Ave.
San Diego, CA 92107
Phone: 619-223-8808
Web: [Go To Web Site](#)

South Coast Surf Shop

5023 Newport Ave.
San Diego , CA 92107
Phone: 619-223-7017
Web: [Go To Web Site](#)

South Coast Wahines

4500 Ocean Blvd
San Diego, CA 92109
Phone: 858-273-7600
Web: [Go To Web Site](#)

South Coast Windansea

740 Felspar Suite A
San Diego, CA 92109
Phone: 858-483-7660
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Steve Pinner Surf Instruction

1521 Neptune Ave.
Encinitas, CA 92024
Phone: 760-944-9804
Email: webmeister@cox.net
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Sunova Surfboards

1378 Logan Ave, Ste. B
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Phone: 310-439-8026
Email: matthewjese@gmail.com
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Surf Camp San Diego

735 santa clara place
San Diego, CA 92109
Phone: 619-819-2089
Email: surf@surfcampsandiego.com
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Surf Diva Surf School & Shop

2160 Avenida de la Playa
La Jolla, CA 92037
Phone: 858-454-8273
Email: askadiva@surfdiva.com
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Surf Hut

710 Seacoast Drive, Suite D
Imperial beach , CA 91932
Phone: 619-575-7873

Dana Point , CA 92629
Phone: 949-661-6699
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Jack's Surfboards (Corona Del Mar)

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34320 Pacific Coast Highway Suite C
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Phone: 1.949.276.8080
Email: customer-service@jackssurfboards.com
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Jack's Surfboards (Irvine)

5581 Alton Pkwy
Irvine, CA 92618
Phone: 1.949.242.7020
Email: customer-service@jackssurfboards.com
Web: [Go To Web Site](#)

Jack's Surfboards (Newport beach)

2727 Newport Blvd.
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Phone: 949-673-2300
Email: customer-service@jackssurfboards.com
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Phone: 949 369 6500
Email: info@jednollsurfboards.com

K5 Surf & Sport

280 N El Camino Real
Encinitas , CA 92024
Phone: 760-436-6613

Kahuna Bob's Surf School

2526 Woodlands Way
Oceanside, CA 92054
Phone: 760 721 7700
Email: bob@kahunabob.com

Kennedy Surf Co

5265 Silkwood Drive
Oceanside, CA 92056
Phone: (949) 933-3831
Email: kennedysurfco@att.net
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1088 So. Coast Highway
Laguna beach , CA 92651

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732 Ormond Court
San Diego, CA 92109
Phone: (858) 605-0873
Email: surf@surflessonsandiego.com
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Surf Munkey

13223 Black Mtn Rd #1-226
San Diego, CA 92129
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Email: SURF@LEUCADIASURFSCHOOL.COM
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Mission Bay Aquatic Center
1001 Santa Clara Place
Mission Beach, CA 92109
Phone: 8584881000
Email: mbac@sdsu.edu
Web: [Go To Web Site](#)

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631 Pearl Street
La Jolla , CA 92037
Email: mitchslj@gmail.com

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Newport Beach, CA 92660
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Email: matt@momentumsurfboards.com
Web: [Go To Web Site](#)

More Waves
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Dana Point , CA 92629
Phone: 949 633 0435
Email: info@morewaves.com
Web: [Go To Web Site](#)

Newport Surf Camp

Newport Beach, CA 92627
Phone: 1-866-SURF-CAMP
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Newport Surf School
P.O. Box 843
Corona Del Mar, CA 92625

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San Diego, CA 92109
Phone: 858-412-5334
Email: chris@surfindian.com
Web: [Go To Web Site](#)

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233 East 17th St
Costa Mesa, CA 92627
Phone: (949) 645-4624
Email: customerservice@surfsideports.com
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Thalia Surf Shop
915 S. Coast Hwy
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Phone: 949-497-3292
Email: nick@thaliasurf.com
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Web: [Go To Web Site](#)

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300 Carlsbad Village Drive
Carlsbad , CA 92009
Phone: (760) 434-4840

Old Town Surf Company
2515 San Diego Avenue
San Diego , CA 92111
Phone: 619-574-7873

On-The-Go Travel Surf
225 Melrose Ave. #4
Encinitas, CA 92024
Phone: 858-717-0735
Email: justin@otgsurf.com
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Overnight Surf Camp
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Pacific Beach Surf School
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Phone: 1.858.373.1138
Email: info@pacificbeachsurfschool.com
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Email: info@summersoulsurfcamp.com
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Carlsbad , CA 92008
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Email: info@walkingonwater.com
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11658 Carmel Mnt. Rd #132
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po box 111
solana beach, ca 92075
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Wind an Sea Surfboards
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Mission Beach, CA 92109
Phone: (858) 488-9374
Email: windanseasurfboards@hotmail.com

XTR Surf Ship
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Oceanside, ca 92054
Phone: 760-722-8161
Email: JAVIER@EPOXYSURFBOARDS.COM

Zig Zag Production
27071 Cabot Road, Ste# 104
Laguna hills , CA 92653
Phone: 949-367-9191

Surflines Tips And Tricks

What is LOLA anyway?

LOLA is Surflines computer modeling software that is the engine behind all of the great forecasting products on Surflines. With the growth of the Internet, users have many choices for surf and weather information but most swell models and ocean related products are tailored for boating and marine interests - not for surfers. Surflines decided to build our own custom swell models and other forecasting products to be specifically tailored for surfers.

Our LOLA Global Swell Model uses the NOAA's Wavewatch III software, and we run these models in-house after inputting our own blend of wind information and other data to create LOLA's unique wave information. Running our own models at Surflines allows us to monitor the details of all swells at the highest possible resolution everywhere in the world, and allows LOLA to analyze each swell independently for the most accurate surf forecasting.

LOLA's Nearshore Model also calculates nearshore wave heights all along the coast after the affects of local bathymetry and other variables that can greatly modify the offshore swell transitioning into nearshore swell. Other great LOLA products include Custom Surf Alerts, real-time buoy analysis, special swell tracking charts, and much more. Additional information about LOLA products and services are below.

KNOW YOUR SPOTS - Before we even consider using the Surflines forecast or other LOLA tools to score good surf, we need to know what to look for. We need to understand what kinds of swells and conditions favor the spots we want to surf. Every single surf spot has a "sweet zone" for swell-what it likes to create really good waves. It may be a specific swell direction within a few degrees, it may be a certain size or it may be a specific swell period interacting with the ocean floor bathymetry-but it's usually a combination of all of the above. Add to that the variation of tide and wind, and we literally have hundreds of different variables to calculate. But that's part of the magic of surfing and why good waves are so fleeting and hard to find. And it keeps us passionate about finding them.

For us to identify the Perfect Swell for our spot in the future, we need to learn everything we can about our spot on a "good" day to use as a reference. That "good" day might be today, a special day last week or even an epic day last year. When we happen to roll up on a "good" day, we need to do a little research. We need to observe the swell direction and best wave size, use a watch to time the swell period between successive waves at the spot, look at the tide, the wind, any additional swell directions that might be combining to create special waves and anything else that might be a contributing factor to the good surf.

Next, go to Surflines.com and review the current forecast information to learn all we can about the swell and the originating storm. Especially important information to consider is the LOLA swell model and buoy information for the local area to note the swell direction, size, and the swell period. Another good tip is to look at the past Surflines charts to try to identify the exact location of the storm that generated the swell. If the "good" day we're researching isn't today, but actually sometime over the last year, we can also go to the LOLA Archives on Surflines.com to retrieve the past swell and buoy information for that specific day. And then we write it all down. Now we know what to look for. And by monitoring the Surflines forecasts and LOLA, or by setting up a custom Surf Alerts, we'll know exactly when to expect another Perfect Swell.

WANT A FORECAST OF SURF AND CONDITIONS FOR TODAY, TOMORROW, OR NEXT WEEK?

The Surflines Forecast - Tell me when the swell is coming, how big it will be, and where the best waves will be. That's all most surfers want to know. The Surflines forecast does exactly that, but only after our forecast team analyzes a huge amount of information and then condenses it into a simple and easy to understand format. This is a detailed 7-10 Day regional surf forecast after reviewing all of the data, models, and information relative to the surfing conditions for the local region, developed by the most experienced surf forecast team in the world.

3-Day LOLA Surf Spot Forecasts - LOLA model surf forecasts for each surf spot within the region with calculated surf heights, swell directions and periods, and wind information over the next three days.

4-Day Nearshore model - Surflines unique local wave model that calculates the nearshore wave heights everywhere along the coast after the interaction of the incoming swell with the ocean floor, local points of land, and offshore islands. Depending on the swell direction, period, and local bathymetry, wave heights can have huge local variations along the coast.

7-Day LOLA Dashboard - Surflines regional LOLA swell model forecast that displays very detailed information about the surf heights and every independent swell due to arrive in the specific region over the next 7 days, as well as the local winds, tides, and weather. This 7-Day forecast will be the most up-to-date product in some areas where we may not have a Surflines forecast.

14-Day LOLA Forecast - Surflines "forward looking" LOLA product that uses current and extended prognosis data to compile a virtual forecast for a specific region that extends out 14 days. This information is often based on

Surflines North San Diego Surf Guide

forecasted wind information in a future storm, which may not have even happened at the time of the forecast and is a great tool to follow and plan your calendar around future swells.

WANT TO BE ALERTED WHEN SURF AND CONDITIONS ARE FORECASTED TO MEET YOUR SET CRITERIA FOR YOUR FAVORITE BREAK?

Custom Surf Alerts - Set up your own Surf Alerts for any of the thousands of surf spots throughout the world on Surflines. Users can develop their own custom criteria for LOLA forecasted surf and swell heights, swell directions, periods, wind speed and directions, etc. Set it up to email or text you daily or up to 5 days in advance when your criteria is met.

WANT ADVANCED FORECASTING TOOLS TO FIND MORE INFORMATION OR TO CREATE YOUR OWN FORECASTS?

LOLA Real-Time Buoys - A unique buoy analysis software that monitors the real-time data from NOAA, CDIP, and other buoys. This product offers a higher resolution look inside of the typical significant wave height (SWH) report and analyzes all of the separate swells at the buoy location, into independent swell heights, directions, and swell periods. This is a Surflines proprietary product that is mandatory when using the buoys to accurately forecast the amount of swell that will reach the coast. Other buoy products typically only report a single significant wave height (SWH) at the buoy so we can't see all the different swells. A regional buoy summary with all of the swell breakdowns for each buoy is also available.

LOLA Virtual Buoys - Virtual Buoys (not real buoys) in 25,000 fixed coastal locations around the world using the LOLA Global Swell Model offering a detailed 7-Day surf, swell, and wind forecast for that location. Many other additional products are linked to each Virtual Buoy location like swell tracking charts, weather and wind information, water temperatures, and much more.

Custom Forecasts (Global Swell Tracker) - Using a Google Map interface a user can click on any point on Earth to develop a detailed 7-Day surf, swell, and wind forecast for that location. All of the additional Virtual Buoy products above will also be available for your custom location. A great tool for your secret out of the way locations.

LOLA Surflines Charts - These are swell tracking charts for specific local regions around the world that monitor storm and swell activity aimed for that specific location. These charts are an advanced forecasting product that many surfers like to use to formulate their own personal swell calculations to compare with the other forecasting products.

HurricaneTrak - The ultimate hurricane tracking tool for surfers using the power of LOLA within a Google map interface. You can zoom in and out of storms, display various layers of forecast information, and use rulers to see precisely where the storm is going and when the waves will arrive. Remember a great swell from a past hurricane? HurricaneTrak archives also allow users to compare hurricane tracks all the way back to the 1800's!

A SPECIAL NOTE ABOUT FORECASTS, MODELS, AND SMOOTHIES

Models are similar to blenders. If we want to make a smoothie, we add all kinds of fruit, juice, and other great things into the blender to create our smoothie. If we add something that is rotten, we'll get a rotten smoothie. The same goes for models. Bad data in, bad data out, and we'll get a rotten forecast. As we know, wave generation is entirely dependent on the winds, and calculating the exact wind velocities, directions, and durations everywhere across the ocean is still an advancing science. Sometimes the wind data is wrong, and if we always had perfect winds the models would probably never miss a forecast.

One advantage of surf forecasting versus other types of forecasting is the final result will always be the true measure of a forecast's accuracy. The final swell size, direction, and swell period will all be clues to backtrack and confirm how accurate the original storm wind data was that was entered into the model. This method of validation allows us to tweak our LOLA models for better accuracy going forward. Also using real-time data from satellites and buoys, we can adjust the LOLA models on the fly to correct the forecasts immediately and long before the swell arrives.

But models can still be wrong from time to time, or they can produce conflicting information between models. And sometimes there are simply things that we as forecasters can see in the charts or other data that can't be clearly expressed in a model. As a result, the Surflines Forecast should always be viewed as the final word because it takes into account all of the variables, including the times when the models may be spitting out something that looks a little rotten.

MORE INFORMATION

For more info about waves, swell and wind, check out our [SURFOLOGY 101](#) section online.

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Whether you're heading here for the first time on a trip or are a longtime local, below you'll find some other useful Surflines content on this surf zone. We're always stoked when users upload regional photos and videos -- and you're also encouraged to submit a [Tripwire](#) from the road or when you make it back home.

Surflines Etiquette: The Bill Of Lefts And Rights

10 Rules to Travel and Surf By

1. Pick the right surfing spots for your ability and attitude. We need to be honest with ourselves about our ability, and our intentions.
2. Don't drop in on or snake your fellow surfer. In other words, do not catch a wave once another surfer has caught it by being in a deeper or more effective position at takeoff than you.
3. When paddling out to or within a break, it's your responsibility to stay out of the way of riders on waves. Once a rider has selected and caught a wave, all other surfers should do their best not to interfere with his or her enjoyment of the wave.
4. Learn to take turns. We all want it for ourselves. But we're not alone, which means sharing the wave-catching opportunities. Give someone a wave and help to create a positive vibe in the lineup.
5. In any surf session, respect the pre-existing vibe in the lineup. This holds true no matter your status, equipment or ability level. Take your time and let a few waves go by to ease into the rotation and the mindset of the other surfers.
6. Always aid another surfer in trouble. But don't put yourself in a situation over your head. Two surfers in need of help are in much worse a state than one.
7. When traveling, always respect the local surfers and their rights and customs, without forfeiting your own right to a wave. Take your time. Avoid traveling in large numbers and try to time your sessions when the crowd may lighten up. Let the locals set the pace.
8. Do not use your surfing advantages to abuse fellow surfers. This includes advantages such as surfboard length, surfing fitness and skill, local knowledge and authority, and (lamest of all) physical aggression and strength.
9. At all times be responsible for your equipment and respectful of others'. A surfboard can be very dangerous to its owner and other surfers, so take care anytime you bail your board.
10. Relax and enjoy your surfing and that of your fellow surfer. The presence of others in the water is an ongoing fact of life in lineups worldwide. Accepting this is the key to a healthy, flexible attitude in the water. More than anything else, crowd tensions in the surf can be eased by our individual ability to flow through situations and react positively when it's needed. Above all else, smile...

For the complete Bill of Rights and Lefts, go to [surflines.com/surfology](https://www.surflines.com/surfology)